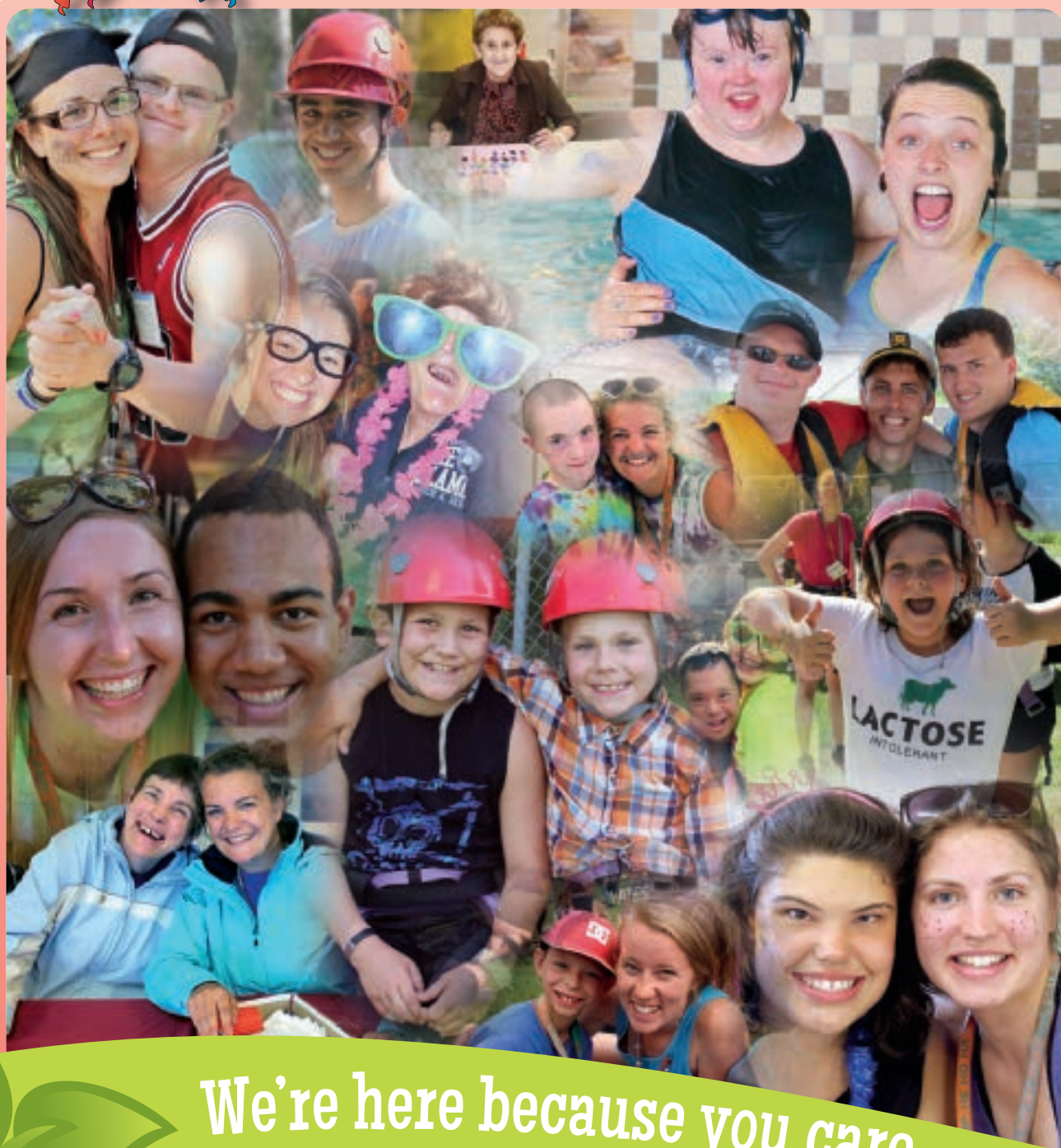




2015 Circle of Friends

A PUBLICATION FOR SUPPORTERS OF
CAMP HEALTH, HOPE AND HAPPINESS



We're here because you care

Tree of Hope

This year, is the year that we planted the seed for new fundraising initiatives, and from that seed, we grew a tree. Our “Tree of Hope” is a representation of many things. The hope that we at camp have for our campers to live life fully – experiencing freedom of self-expression, joy and independence. The hope that our campers have each year upon leaving that they will have the chance to return again. The hope that Camp Health, Hope and Happiness can continue to embrace these campers with passion, acceptance, and unconditional love. And most literally, the “Tree of Hope” represents the hope that our supporters give to camp in the form of donations – allowing this organization a future that is bright and full of possibilities.

We believe that you deserve to be recognized for your donations. When considering the options to recognize the contributors to camp, we needed to consider the costs of providing that recognition. As a non-profit organization, we are proud that 95% of your donations go directly to the campers and the camper experience. It is not in the best interest of ourselves, nor of our donors, to spend our cherished donations on an elaborate recognition scheme, and thus we needed some creativity. Creativity and talent blossom at camp. Our new Executive Director, Greg Nielsen, with the help of some of our staff, created the vision for the tree and broke it down to the details and design that we now love. Victor Nielsen, our 25-year maintenance preceptor, is a master metal craftsman and is applying his gift to the physical form. Now retiring from his position, we are excited to have a display of his passion and commendable dedication upon our dining room wall. To purchase a donor recognition tree, non-customized nor scaled to fit, the price is upwards of \$12,000. The collaboration of camp staff has allowed a unique opportunity to display our thanks to our supporters at a mere fraction of the researched costs. We can be proud to say that your donations are still directly delivered to the camper.

Each level of donation is recognized as follows:

We Care (up to \$5,000)

Welcome to Camp Health, Hope and Happiness. **Every** dollar that is donated helps us to provide a life changing experience for people with special needs. Our campers thank you. If you have given \$2,500 or more, your name will be listed on our website as a contributor to camp. Your generosity is appreciated.

7 Smiles (\$5,001-\$9,999)

Your donation of \$5,000 has given 7 campers the gift of summer camp at Camp He Ho Ha. Seven people with disabilities will now have a summer to cherish for years to come; for that we would like to place your name on a bronze leaf on the “Tree of Hope” for the next 3 years. Also, we would like to invite you to join us at camp for a day of appreciation. And of course, your name will be displayed as a contributor to camp on our website and also in our newsletter.

We Make a Difference (\$10,000-\$24,999)

With your substantial gift of \$10,000 14 campers will receive the experience of summer camp at Camp He Ho Ha. Fourteen people with disabilities will now have a summer to cherish for years to come; for that we would like to place your name on a Silver leaf on the “Tree of Hope” for the next 3 years, and display a cheque presentation photo on Camp He Ho Ha’s social media network. Also, we would like to invite you to join us at camp for a day of appreciation. And of course, your name and logo (if applicable) will be displayed as a contributor to camp on our website and also in our annual newsletter. Your financial generosity would be making huge difference in these campers lives.

TREE of HOPE

Tree of Hope

Big Dreams (\$25,000 or greater one time donation)

A "Big Dreams" donation of \$25,000 would enable 40 campers to experience one week of camp at Camp He Ho Ha. These individuals with disabilities will now have a summer of memories for many years to come; in recognition of this we will place your name on a Gold leaf on the "Tree of Hope" for the next 3 years. Also, you will be co-sponsoring one of our ten summer camps which includes recognition for that week of camp. In addition to this you would be invited to join us at camp for a day of appreciation. There would be a cheque presentation picture displayed on all of our social media platforms. Finally, your name and logo (if applicable) will be displayed as a contributor to camp on our website and also in our annual newsletter. This is an incredible opportunity to make a difference in 40 individuals with special needs lives. With this much help, we can start dreaming about making camp bigger and better.

Building Our Future (\$25,000 or greater partnership)

Your partnership with Camp Health, Hope and Happiness is creating the sustainability that is crucial to our organization. Together we are changing the lives of people with disabilities, granting smiles and warming hearts. We know, that by your generosity at this level, you recognize the importance of spreading happiness and love in the world. We want you to be recognized for this. We will add a golden leaf to our "Tree of Hope" which will remain on the tree for term of 3 years from the last year of your donation. You will be co-sponsoring one of our ten summer camps which includes recognition for that week of camp. In addition to this, you would be invited to join us at your camp for a day to see how you have made a difference. Your name (and logo if applicable), as well as a picture of a cheque presentation will be posted on our website and on our social media pages. We would like to commemorate you on our social media pages and within our annual newsletter with a social story too; tell the story of your business or family and how you have made a difference for our campers. In honour of your annual donation for an agreed term of 2 or more years, we will give to you a plaque for display in your location of choice, whether it be in your business or in your home. We look forward to sharing this journey into the future.

Leaf a Legacy (\$50,000)

This monumental donation deserves a lifetime of recognition. A platinum leaf will be added to our "Tree of Hope" indefinitely. How wonderful do you feel for adding happiness and unconditional love to the life of 80 incredible people? Your \$50,000 will forever change their lives. We would love to have your presence at your camp for a day for you to see what camp brings to our campers, and to see what a difference you have made. Come to camp for a day so that we can show you the appreciation you deserve. For \$50,000 you would be a sponsor of one of our 10 summer camps of your choice. Your name and a business card sized logo that links to your website(if applicable), and also a cheque presentation photo, will be posted on our website as well as on our social media platforms. We would like to tell the story of your business or family to all of the supporters of Camp Health, Hope and Happiness. An entire article dedicated to who you are and how you make a difference will also be added to our annual newsletter. And finally, we will give you a plaque recognizing your donation to take home or to take to your business where you can showcase with pride how you have left a legacy and Camp He Ho Ha.

The Tree of Hope will continue its growth at Camp He Ho Ha, cycling its leaves like that of a tree in changing seasons. Can we count on you to add leaves to our tree and hope to the hearts of many?

Past Executive Director's Message



In one of Robert Frost's poems, he wrote, *"Two roads diverged in a wood, and I took the one less travelled, and that has made all the difference"*!

I can totally relate. Twenty-four years ago I left a career in teaching to assume the position of Executive Director at Camp He Ho Ha. I certainly did take the road less travelled, and yes it has made all the difference!

It has been a very rewarding journey, one that I feel so blessed to have travelled. It has been filled with numerous successes and challenges, laughter and tears, playing and working, but most of all enjoying the moments with the campers. For me, it's been fulfilling dreams, enriching lives, removing barriers, empowering campers, creating a loving and supportive environment, providing encouragement, creating memories and touching lives.

None of this would have been possible without the support of so many individuals. The donors are pillars of Camp He Ho Ha, and they play a very critical role in enabling Camp to offer the best possible summer camp programs to the greatest number of individuals at the lowest possible cost. The Board of Directors has, and continues to provide vision and leadership guiding the organization through its many challenges and successes. The dedication of the staff has raised the bar of excellence and innovation in summer camp programming and operations ensuring that Camp He Ho Ha remains Alberta's premier facility for children and adults with special needs. The volunteers are an amazing resource, and make loads so much lighter. To the donors, the Board of Directors, the volunteers, staff and incredible campers who made this journey so special, thanks for the gift of YOU!

At the end of 2014, I passed the Executive Director's torch to my successor, **Greg Nielsen**. I feel very confident that with his fresh vision, his leadership skills, his problem solving skills, his good judgment, and his passion for the organization and people with disabilities, Camp will continue to thrive and grow.

The saying, *"When one door closes, another one opens"* has certainly proven to be the truth. Closing the door to the Executive Director's position, the door as **Director of Donor Relations** opened. I am excited about this position as it will provide me greater opportunities to spend more valuable time with Camp's donors! The donors are very near and dear to my heart, and I look forward to this new venture. I will also pursue the role of a mentor for the new Executive Director.

During my years at Camp, I have received so much love and knowledge from my children and adults with disabilities and they have taught me more life lessons than any University professor could ever begin to teach me. Allow me to share these beautiful life lessons:

- How fragile life is
- Don't ever take life for granted
- Accept people for who they are
- Seize each day as though it were your last
- "Don't go through life with a catcher's mitt on both hands; you need to be able to throw some things back"
– Maya Angelou
- "You make a living by what you get, but you make a life by what you give" – Winston Churchill
- "Each day reach out and touch someone. People love a warm hug, or just a friendly pat on the back" – Maya Angelou
- "People will forget what you said, people will forget what you did, but people will never forget how you made them feel" – Maya Angelou
- "Life is not about waiting for the storm to pass. It's about learning to dance in the rain." – Vivian Greene

To my valued donors, Board of Directors, volunteers and staff, thanks for making my journey so memorable. You all have been such a blessing in my life, and I want you to know that in your own special way, you have touched my life and left footprints on my heart!

Respectfully Submitted,
Joan Nielsen

"Two roads diverged in a wood, and I took the one less travelled, and that has made all the difference"!

Robert Frost

President's Message

Camp He Ho Ha has been an organization that I have been involved with for many years, and I continue to be excited about the incredible work that Camp does for children and adults with disabilities.

As I reflect back on 2014, Camp continued to experience an increasing demand for its services, mainly the provision of innovative, adapted, recreational opportunities and facilities for people with every degree and type of disability. Camp provided these services to 723 individuals with special needs, many who have attended previously and many who attended for the first time. This definitely speaks to the success of our programs which provides enjoyable and rewarding experiences for our campers. This also speaks to the trust and confidence from the parents and caregivers.

In addition to the increasing number of campers, several other key goals were achieved. Positive changes were made to our summer camping program that enhanced the campers' experiences. Several upgrades were made to the facility which really enhanced the optics of the facility. Camp's donors were there to support, encourage and generously support the organization and people with special needs.

Our Succession Plan was implemented and the Board appointed Greg Nielsen as the new Executive Director, and Joan Nielsen will remain with Camp as the Director of Donor Relations. During a strategic planning session that was held in the spring, the key message was that due to our aging donors and the attrition of clubs, Camp must develop strategic planning initiatives. As a result, a new exciting sponsorship program, "Tree of Hope" was launched.

On behalf of the Board, I want to acknowledge the ongoing support that Camp receives from numerous individuals and organizations. I also want to thank the Board of Directors for their support and for giving in the many ways they do.

2015 marks the 55th Anniversary of Camp He Ho Ha. Over the past 54 years, we have seen Camp grow from three Imperial Oil skid shacks to the premiere facility it is today. During the next 55 years, may Camp enjoy many successes and accomplishments.

Ivor MacBeath,
President

Camp's Demise

When you drive into Camp, you are greeted with very well-maintained buildings, beautifully manicured grounds, and a beautiful "haven" located on a peninsula on Lake Isle. It looks like it appears to be "the perfect marriage!" Camp has experienced many success and challenges, but today it faces one of the greatest challenges of generating sufficient funding to keep the doors open for children and adults with special needs.

You ask, "So What is the Problem?" The majority of Camp's donations come from individuals and service clubs like the Kiwanis, ACT/UCT, Lions, Royal Purple, Elks, Fraternal Order of Eagles, Legions, etc. The majority of individuals who are Camp's kind supporters have been donating since Camp's inception 54 years ago, so they are now seniors and will not be here for the next 54 years. The service clubs that have

been incredibly generous are struggling with attrition. What used to be very healthy clubs are clubs that are now facing a decline in membership, aging members, difficulty to increase their membership, and fundraising has become more difficult. Therefore, a steadily declining source of income threatens the existence of Camp He Ho Ha!

As a result of the challenge facing Camp, we are launching a new initiative. We are visiting current Camp supporters and potential new donors in hopes to build awareness of Camp, to tap into 'Circle of Influences' and to potentially increase donations. The **TREE OF HOPE** is part of this new initiative.

**MORE THAN EVER, WE ARE IN NEED OF
YOUR CONTINUED SUPPORT, AND WE ARE
IN NEED OF NEW SUPPORTERS.**

A Summer Of Dreams

It's my favourite time of the year, and it's the campers' favourite time of the year. They came from every corner of Alberta, British Columbia, the Northwest Territories and the Yukon in search of THE GOOD LIFE! They came looking for a summer of dreams. They came looking for a safe and supportive environment where they have opportunities to increase their independence, explore their identity, make new friends, participate in an active, healthy lifestyle and experience the thrill of success. They came looking for a place that would provide them with unconditional love. They came looking for a place that would provide them with adapted recreational opportunities tailored to meet their special needs. They found all this and much more at that magical place called **CAMP HE HO HA** where dreams become a reality.

Here is what a camper shared about Camp.

Camp is so special because the counselors always make sure we have the best time. It gives me hope for a better future. It is the best week of my year. The counsellors and staff make us happy with lots of laughter and lots of fun. At Camp I have learned to do things on my own and have learned to be more independent. I had so much fun camping, rock climbing, and picking Saskatoon berries. I learned how to face my fears and become more confident. I dream about coming to camp during the year. Camp is so hard to leave and I wish I could stay all year!

Margie



Canoeing



Paddle Boating



Barge



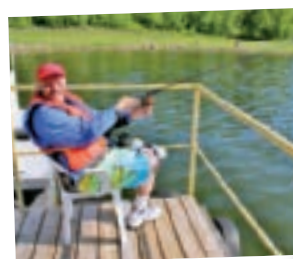
Skit Night



Campfire



Low Ropes Course



Fishing



A Summer Of Dreams

Because of **YOU**, our valued donors, all this is possible! But the impact of your donation doesn't end there! Because of **YOU**, family members have the chance to take a much-needed pause from the demands of looking after an individual with special needs. That brief respite allows them to find the strength and resilience they need in order to meet the unique challenges they face every single day.

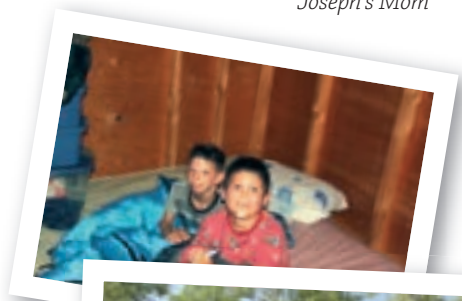
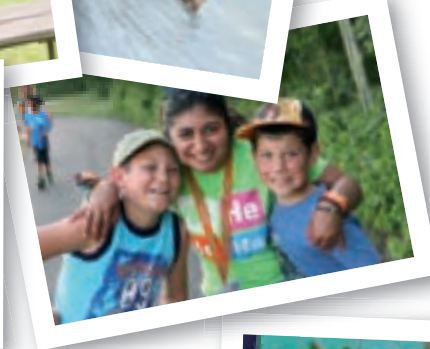
I would like to share these testimonials with you from parents who are so grateful for your support of Camp He Ho Ha.

I don't know what Amanda would do without this camp. She is very, very happy at camp. She looks forward to coming back each year. We look forward to her coming back, and it's a safe place for her to be. I feel like we can do something with the rest of the family, and not have to worry that she is not being cared for.

Amanda's Mom

Just a note to let you know that our son thoroughly enjoyed his stay at Camp He Ho Ha. And our family was able to take a short trip – our first in eight years! Thank you so much!

Joseph's Mom



Zipline



Golfing



Climbing Wall



Pool



Arts and Crafts



Special Programs

2014-2015 BOARD OF DIRECTORS

Honorary Patron

The Lieutenant Governor of Alberta
The Honorable Colonel
Donald Ethell

President

Ivor MacBeath

Vice President

Cheryl McNeil

Treasurer

Mark Dashkewytch

Secretary

Gayle Collins

Director

Winston Collins

Director

Chris Palmer

Director

Terry Hanlon

Director

Peter Harrop

Past President

Cory Boddy

Wheels Humming Down The Highway

First Student

It's not hard to spot them if you are travelling west on the Yellowhead. They are the yellow **First Student** busses transporting our campers who are filled with excitement and anticipation to go to Camp He Ho Ha. And if you spot them travelling east, chances are they are transporting sad campers back to Edmonton after an amazing experience at Camp.

This wonderful service is provided by none other than our friends at **FIRST STUDENT!** This service is appreciated more than words can express!

A special "THANK YOU" to **Jim King**, Locations Manager of First Student for supporting equality of opportunity and access for children and adults living with physical and mental disabilities.

YOU MAKE THE JOURNEY POSSIBLE!



Unexpected But So Welcomed!

The phone rang, and at the other end of the line was a very familiar voice. It was the voice of a former Camp Board member who was an extremely valuable asset to the organization. This was the voice of **Bill Sadler**. He advised me that while reading the 2014 Camp Newsletter, he was drawn to the article, "Too Many Expenses... Too Little Money!" Bill asked me a few questions, and then he said, "Sue and I would like to help with the sidewalk repairs" which was music to my ears.

Several weeks later, Camp received a generous cheque in the amount of **\$4,000.00** to assist with the sidewalk replacements. It's gifts like this that truly make a difference enabling us to maintain the facility in top-notch condition.

MANY THANKS SUE & BILL!

and remember

"WHO YOU ARE MAKES A DIFFERENCE!"

Samies I.O.O.B.

I was introduced to SAMIES I.O.O.B. through an email I received from the Casino Chairman requesting my attendance at a Saturday meeting to accept a donation. I had no knowledge about SAMIES I.O.O.B., so I googled it, and this is what I found:

This private men's club first opened its doors in 1972 providing an alternative bar to the mainstream scene for those who have performed military-type services. The S.A.M.I.E.S part of its name stands for the first letter of the infantries stationed at the Prince of Wales Armoury during the Second World War: Service Battalion, Artillery, Medical, Infantry, Engineers and Signals. The I.O.O.B. cheekily stands for International Order of Old Bastards, officially registered under the Societies Act in 1977. It's members-only club requiring an initial entry. Guests are allowed as long as they fit the SAMIES objectives. You must be currently serving or have served in the Armed Forces, R.C.M.P., City Police, etc., or are relatives or loved ones. Members are also expected to provide charitable donations to disadvantaged plus help those less fortunate in ways other than cash donations.

After reading the part of International Order of Old Bastards, I asked myself, *"Oh dear God, what am I getting myself into?"* But my concerns dissipated the moment I stepped into the room of the Jefferson Armoury Officers Mess! The welcome I received was incredible, and I thoroughly enjoyed their company.

The icing on the cake was the **\$4,900.00** that SAMIES I.O.O.B. donated to Camp! Brent Bard, a member of SAMIES presented information about Camp He Ho Ha at one of their meetings, and the club decided to fund Camp.

What a wonderful gift! When you consider that there are over 24,800 non-profits all competing for the same donation, Camp is very privileged to be the recipient of this incredible donation. This donation plays a critical role in enabling Camp He Ho Ha to provide the best possible adapted recreational programs to the greatest number of individuals at the lowest possible cost! **"THANK YOU"** for the significant difference you are making in the lives of those children and adults with special needs.

YOU'RE THE BEST!

Pork On Your Fork? No, Beef And More Beef!

TransAlta's Santa didn't have the usual round belly that shook like jelly, or the long white beard, or the bright red suit. They came in a van with many gifts, not wrapped in sparkly Christmas paper, but all wrapped in freezer wrapping! A donation of **\$4,000!**

Once again, **TransAlta** took part in the annual Stony Plain and District 4-H livestock show and sale. The sale hosts the Duffield and Lakemere 4-H clubs. The 64th annual 4-H sale took place at the Stony Plain Heritage Pavilion and was attended by several staff members of TransAlta, one of which was **Cheryl McNeil**, Senior Community Relations Advisor. Cheryl McNeil is also Vice President of the Camp He Ho Ha Board of Directors.

The team purchased a 1379 lb. steer raised by Amanda Steffler of the Duffield 4-H Club. The beef was donated to local camps including Camp He Ho Ha and Camp YoWoChAs.

Guaranteed, there is no beef better than this! It is the most tasty, succulent and juicy meat!

TransAlta is the "good neighbour" in our neighbourhood, and Camp is very blessed to have a friend like TransAlta and to be the recipient of its generosity.

THANKS TRANSALTA!



Is This For Real?



There are moments in a day that just take your breath away, and July 2, 2014 was one of them! It was a beautiful day that started out like every other day, but the birds chirped louder, the sun shone brighter, the world took on a radiant glow, and Camp He Ho Ha was filled with more hope and happiness that day! Arriving in a pickup, Deb Harden and Roxanne Guyon wore huge smiles. They handed me the envelope, and when I opened it, I was reduced to tears to find a very healthy donation of **\$8,485.00** from **Arc Resources Inc.** When Rob Meads, Superintendent of Arc Resources contacted me to advise that the company had a cheque for Camp, never in my wildest dreams did I expect a donation of this amount! What a pleasant surprise!

When asked why Arc Resources made this donation to Camp He Ho Ha, **Rob Meads**, Superintendent of Arc Resources responded, *"My staff and I were toured through the Camp by the Director, Joan Nielsen, and when we saw the level of dedication and the passion she has for the Camp and its members, we knew we had to do something to help them out. It costs so much to keep the Camp operating. That was when we decided to donate the money raised at our Golf tournament to the Camp. This wouldn't have been possible without the help of the Contractors who donate prizes, and our staff who fully support the cause we donate to. I am very proud to say I get to work with these people every day!"*

A strong spirit of giving is an important part of who ARC is. From a corporate level to employee initiatives, a culture of giving back to the community through financial support and volunteerism is embraced. They believe their mandate is to contribute to the well-being of the communities they operate in through support of health and wellness programs, arts and culture and education programs.

Camp He Ho Ha and the hundreds of children and adults who participate in our adapted recreational opportunities thank Arc Resources Inc. for their outstanding generosity and incredible giving spirit. Considering there are over 24,800 non-profit organizations in Alberta, Camp He Ho Ha is very blessed to be the recipient of this incredible gift!

WHO YOU ARE MAKES A DIFFERENCE!

I had the pleasure of having lunch with Rob, Deb and Roxy at an amazing restaurant in Drayton Valley called The Three Knights. The food was delicious, the company great and the atmosphere so relaxing. I thoroughly enjoyed visiting with three key players at Arc Resources, and it was great to get to know them on a more personal level. THANKS FOR THE MEMORY!

Small But Mighty

That is the way I describe this group of ladies. There's not many of them but they accomplish lots. The **Edmonettes**, the Council's Ladies Auxiliary of the ACT/UCT (Associated Canadian Travelers/United Canadian Travelers Edmonton Club 1016 raises funds to support charities that enhance the lives of people with disabilities or which assists individuals facing significant life challenges. Their motto is "People Helping People."

I've known these ladies for 28 years, the first year I commenced employment at the ACT Edmonton Club. These ladies are accomplished and enthusiastic fundraisers who assist with raffle ticket sales, bingos and casinos, selling coupon books and chocolates and organize a variety of special events and fundraisers.

Since 1985, the Edmonettes have been very active in assisting Camp He Ho Ha with ongoing financial support for capital expenses and for Camp's week-long adapted summer camp programs to children and adults with physical and mental disabilities.

Once again this year, the Edmonettes donated **\$4,000.00**. Know that we are so grateful for your ongoing support!

Giving And Granting

The Edmonton Community Foundation (ECF) builds bridges between donors' wishes with the needs of charities



Edmonton
Community
Foundation

to help create and maintain a strong, vibrant community for generations to come. ECF works with donors and the community to transform individual dreams of helping others into reality, now and forever, through permanent endowment funds. It connects generous donors with charities and together create a community we can be proud of.

The Edmonton Community Foundation is a charitable organization that helps **donors** achieve their philanthropic dreams through the power of **endowment funds**. Each year approximately 4 percent of these investments are granted to organizations and causes that are important to our donors. To date ECF oversees more than \$400 million in assets and has granted more than \$132 million to the community since 1989.

If donors have a cause or an organization they would like to support, the Edmonton Community Foundation can help provide that support in perpetuity. You can set up a permanent endowment fund and the donor chooses when and how their donation is to be used. ECF carefully manages the fund. Then long after you have made the donation, it continues to give and grow allowing the donor to leave a lasting legacy.

Several of Camp's generous donors have created funds, and have left Camp a lasting legacy:

- Camp Health, Hope & Happiness Society Fund
- Kiwanis Club of Downtown Edmonton Fund
- Hugh & Madge McColl Camp Fund
- Bill & Sue Sadler Fund

Every year Camp receives funding from these Endowment Funds. We thank each and every one of you for creating these funds which ensures the sustainability of the organization for many years. Words are not adequate enough to thank you!

**IT'S THE GIFT THAT KEEPS ON GIVING!
THANK YOU!**

Camp also is very blessed to annually receive funds from the **Hugh & Madge McColl Family Trust Fund** that is held at the Edmonton Community Foundation. This is an example of the donors, Hugh & Madge McColl advising the ECF as to when and how they want their donation to be used.

**THANKS SO MUCH TO
TWO BEAUTIFUL PEOPLE!**

New Faces

JILL WILCZEK – You know when you meet someone and there is an instant “good feeling” about the person. Well, this is exactly what happened when I met Jill. It is with pleasure that Camp He Ho Ha welcomes Jill to the Kitchen Team. Jill is a very pleasant, hard-working and dedicated individual who takes great pride in her work, and performs her duties to perfection. Jill comes to Camp with many strengths, but one of her greatest assets is her positive attitude. So many times when I walk into the kitchen, I hear Jill say, “*I just love my job!*” Jill is a great asset to the Camp team, and we are very fortunate that she walked through our doors seeking employment. We welcome Jill, and look forward to a very rewarding relationship with her.

BIRGIT GAERTNER – Birgit hails from Germany, and she has brought the German work ethic with her. She is a very hard-working and committed employee who gives 110%. I truly believe that Birgit will tackle any task. Although she was hired to work in housekeeping, she has worked many shifts in the kitchen when they were short-staffed. It's great to have Birgit as part of the Camp team, and she is a great asset to the organization. Once again, we were very blessed when this hard-working lady came along in search of employment. Camp He Ho Ha welcomes Birgit, and we hope that she will be a part of our team for a very long time.

KELLY FRENCH – Who would have ever guessed that when this young woman walked through the door, there would be so many surprises awaiting us? Kelly is such a diversified individual that I don't know if there is anything that she can't do. That's a TRUTH! Whether working in maintenance, in the kitchen, in housekeeping or in the office, she demonstrates great knowledge and completes the task with great finesse and accuracy. Kelly is very creative, capable, knowledgeable, dedicated, hard-working and positive. She has tackled so many projects since she commenced employment at Camp, and every task has been completed to perfection. We welcome Kelly to the Camp team and look forward to a very rewarding relationship with her!

SEAN RITCHIE – Sean left the world of a Security Guard to join the Maintenance team. Sean is very dependable, honest, trustworthy and is always willing to lend a “*helping hand*” regardless of the task or the department. He is a very hard-working individual who has truly embraced the facility maintenance philosophy. Sean's positive attitude is like a ray of sunshine and he is delightful to have as part of Camp's team. He is always thirsting for knowledge, and is very engaged and interested in the job. We welcome Sean, and are looking forward to a very rewarding relationship with him.

That 2 Minute Phone Call That Made Things Happen!



Camp He Ho Ha takes great pride in maintaining a premiere facility not only for children and adults with disabilities, but also for the thousands of Albertans who rent our facility for conferences, retreats, seminars, workshops, etc. But you and I both know that it takes many good friends and financial resources. A difficult task

when you consider that 24,800 charities are in Alberta all competing for the same donation. The task is daunting!

Once again, I phoned someone I consider a very good Friend of Camp. It was none other than **Peggy Hornell**, Senior Director, Community Investments and President's Choice Children's Charity. So many individuals who are Senior Directors would not have the time of day to chat with someone like me; however, not Peggy! She promptly returns phone calls, and is a delight to visit with.

During a phone call to Peggy this summer, I said, *"Peggy, President's Choice Children's Charity has been supporting Camp He Ho Ha for the past years, and I was wondering if the charity would entertain supporting Camp again this year. We have a floor in our wheelchair accessible swimming pool complex that requires replacing."*

Peggy responded with, *"Definitely apply for funding again."* During the conversation I mentioned that I would love to meet this kind lady at the other end of the phone. Peggy said something that spoke volumes to me. She said, *"I have been invited to come to Alberta to an event of one of the charities that President's Choice has supported so possibly we could get together then. However, I'm not sure that I will make the trip*

because if I fly out to Alberta, it takes funding away from the kids that we are helping!" What a profound statement from a Senior Director! To me it said, I CARE and I DO WHAT I DO FOR THE RIGHT REASON! Very impressive!



Well, Camp applied for funding and within a short time, a wonderful donation of **\$20,000** was received from **President's Choice Children's Charity**. This donation enables Camp to replace the 35 year old flooring in the pool. Having a floor that has cracks, an uneven surface and is difficult to clean, leaves not only the children with physical and mental disabilities, but also Camp in a very vulnerable position.

President's Choice Children's Charity is dedicated to helping children who are physically or developmentally challenged. Their aim is to remove some of the obstacles that make everyday living extremely difficult and to provide the young people with a renewed sense of dignity, independence and freedom! They are committed to helping kids. Whether they are providing support to children with special needs or ensuring hungry tummies are filled with nutritious food, they want to make sure kids have every opportunity to live to their full potential. It's interesting but these are the same goals as Camp!

We humbly acknowledge the support and encouragement from **Peggy Hornell** who played an integral role in making this donation happen, and to **President's Choice Children's Charity** for their outstanding support!



In Memoriam: Gone But Not Forgotten

"Each person is given the gift of time on this earth to live, to learn, to love and to leave a legacy"

It's hard to say good-bye, but we feel very blessed that these special friends crossed our path. In their own way, they have left the world a better place having touched many lives during their earthly journey and leaving us with many special memories.

Bessie Goldstick – Bessie was a "Woman of Valour." Bessie passed away at the age of 97, and she was an inspiration to all who knew her. She was very active in the Edmonton community until the very end, and dedicated numerous years to raising funds for the Realtor's Charitable Foundation. She was also very active in the Edmonton Host Lions Club. Bessie's zest for life will be missed by all who know her. To Bessie's children, grandchildren and great grandchildren we extend our deepest sympathy.

John Harasymuk – John was also a long time member of the Edmonton Host Lions Club. All members of the Edmonton Host Lions Club are also members of the Lions Club of Edmonton Foundation. Camp has been the recipient of an incredible \$25,000 donation from the Foundation every year, so thanks to the members. His family remembers him for his devotion to his family and his commitment to serving the community. We extend our heartfelt sympathy to John's family.

Bob Roloff – Bob had three great loves in life: his family, his work, and his commitment to help others. He spent his last years living his commitment to help others by volunteering with the Conservative Party and greeter at the William Lutsky YMCA. Bob and his wife Pat also supported Camp He Ho Ha. We extend our deepest sympathy to his loving wife and family who Bob cherished.

Ron Boychuk – I met Ron several years ago when I attended a breakfast meeting of the ACT St. Albert Club. He was a member of that Club for 17 years and volunteered for many charitable activities. Ron loved spending time with his family and friends, but above all he was Grandpa Extraordinaire! Ron will be missed by all who knew him, and we take this opportunity to extend heartfelt sympathy to his wife, Carolyn and family.

Bill Tymchuk – I met Bill in 2002 when I joined the Edmonton Westmount Lions Club where he was a member for 50 years. I always enjoyed chatting with Bill as he was very intelligent, knowledgeable and interesting. Bill was always willing to assist in making his community and country a better place to live. He received the 125th Anniversary Medal of Canada in recognition of his significant contributions to his community and Canada. We send our love and deepest condolences to his loving wife, Eleanor and his daughter, sons, grandchildren and great grandson.

Joe O'Donahue – At Camp, this camper was known as "Joey." He attended Camp for many years and we fondly remember Joey for his wonderful smile that brightened a room when he entered, his amazing spirit and his love of life. We feel blessed that Joey shared these things with us. He left many footprints on so many hearts, and made a difference in every life he touched. Our heartfelt condolences are extended to his family and friends.

Kennedy Sim – We remember Kennedy with much love! She truly was the epitome of Camp He Ho Ha. She loved Camp and brought a whole new meaning to the phrase, "The Good Life." Kennedy's love, zest and passion for Camp was totally inspiring. Her beautiful smile was contagious and said it all! Although she was taken away very suddenly at the age of 14, she touched so many lives and left footprints on so many hearts during her earthly journey. Kennedy's spirit will live in the hearts of everyone who knew and loved her. Camp will not be the same next year without Kennedy. From everyone at Camp He Ho Ha, we share your loss and extend our heartfelt sympathy to her parents; Ted and Stacy Sim, her brother, Drew, sister, Avery, grandparents, aunts and uncles, and cousins and numerous friends.



Colin Reichle – Colin made extensive contributions through his volunteer work. Colin served on the Camp He Ho Ha Board of Directors including Director, President and Past President. He was a very intelligent individual and an excellent Board member who brought great vision, leadership and experience. Colin was always willing to take on tasks that were required to move the organization forward. To his wife, Melanie, his children Nicholas and Kimberley, his parents and brother, we share your loss and extend our deepest sympathy.

Hugh McColl – On December 7, I lost a dear friend and mentor. Hugh lived a very active life and he lived each day to the fullest. For 42 years, Hugh owned the GM Dealership, South Park Motors on Whyte Avenue. Hugh was very active in the Edmonton Community. He helped organize the funding challenge to build Camp Health, Hope & Happiness, an organization he remained active in until his death. I will never forget the day that Hugh and Madge attended Camp's Open House several years ago. After the presentations, Hugh approached me in the courtyard, handed me his card and very quietly said, "I think I can help Camp." It was the beginning of a beautiful relationship. I fondly remember Hugh's ability to make people feel very special and important – he was a wonderful listener. I will miss the lunches with Hugh and Madge at the Royal Mayfair Golf Club of which he was a member since 1954. We always sat at what I called "Hugh's table" which had a beautiful view of the golf course. I will miss the many visits I had with Hugh and Madge in their beautiful home on Grandview Drive. I will miss the many phone chats we had, and his great wisdom and knowledge. During his earthly journey, Hugh left the world a better place and had a very positive impact on every life he touched. We extend our heartfelt sympathy to his loving wife Madge of 71 years, his daughters, Sharon, Linda (Dan), Shelley, and son Hugh (Dawn), their grandchildren, great-grandchildren and extended family.



Extending A Big “Thanks” To

Alberta Royal Purple Association for once again remembering Camp He Ho Ha and providing gift of a summer camp to children with disabilities.

Edmonton Area Council One Society has a soft spot for the children with disabilities who attend Camp’s special camps, and every year, a donation is received from them.

Fraternal Order of Eagles Aerie #4241

& Fraternal Order of Eagles #4241

Ladies Auxiliary for continuing their generous support of children with disabilities.



Kiwanis Club of

Edmonton Oil Capital whose motto is

“changing the world, one child and one community at a time” has definitely lived by their motto through their donation. You have

changed the lives of our children who participate in our adapted recreational summer camps.



Parkland County for approving a grant that provided assistance to enhance Camp’s ability to provide programs, services and activities that benefit residents in Parkland. This grant did just

that for the children and adults with special needs who attend our summer camps.



Rexall Foundation is committed to Helping Kids, and their donation helped the children with disabilities to leave camp with a new sense of hope, a stronger spirit and a big happy smile!

The **Royal Alexandra Hospital Charitable Donations Fund** for providing a grant to assist with enhancing the quality of life for the children and adults with special needs who access our programs.

Gertie Love is one of those people who leaves footprints on your heart by her gracious and generous spirit. I fondly remember the day that this bubbly and, oh so friendly lady stopped by the camp to drop off a donation from the Alberta Royal Purple Association... it was none other than Gertie. She showed so much interest in the camp, and the programs that we provide to children and adults with special needs. I was drawn to her like *“a moth to a flame”*. I just knew that a friendship would blossom and it did! To this day, Gertie and I enjoy a lunch one or two times a year, and I always enjoy

seeing her at Royal Purple functions. Gertie has a very giving spirit, and every year she remembers our campers through a very generous personal donation.

Shirley Richter who is a dear friend of Camp is very passionate about Camp and our campers, so she always leaves a significant donation which makes such a difference in the lives of our special campers.

Anne Paterson who is a wonderful friend and a wonderful supporter of Camp always is there with her wonderful support that truly enhances the lives of those less fortunate.

Carol & Bob Marsh, two dear friends who are very familiar with Camp and they know the difference that Camp makes in the lives of people with special needs because their dear daughter, Shauntel attended Camp until she was called home. They are very passionate about Camp and are always there making a difference in so many lives.

Grace Rumbold is a very gracious lady who attends a quilting retreat at Camp, and I have an opportunity to spend a bit of time with her. She has been and continues to be a long-time supporter of Camp, and she also has a passion for our people with special needs, and understands our needs.

Welcome Back! Telus

After a two year hiatus, Camp He Ho Ha was the recipient of a **\$5,000** donation from **TELUS!** Funding for this initiative comes out of the **TELUS** Alberta Pay Day Lottery, a 50/50 draw financed through payroll deductions with half of the money raised going to charities, giving TELUS team members and retirees an easy way to give where they live.

We welcome TELUS back, and thank the TELUS team members and retirees for their generosity and support of children and adults with disabilities.



2014 Major Sponsors

1311566 AB Ltd /Chinook Painting & Renovations
634639 Alberta Ltd. Rebus Plastering and Exteriors
A Clark Roofing & Siding Ltd
ACT / UCT #1016 Edmonton Club
ACT / UCT #1017 Edmonton South Club
ACT/UCT #1021 Red Deer Club
ACT / UCT #1024 St Albert
ACT Edmonettes
Al Shamal Temple
Alberta Foundation For The Arts
Alberta Royal Purple Association
Allard Foundation Ltd
Anonymous
ARC Resources Ltd
Automated Aquatics Canada Ltd
Roger & Jaenie Ayotte
B M O Employee Charitable Foundation
Barsi Enterprises Ltd
Battle River Community Foundation
Ingrid & Ed Bean
Bell Media
Birch Mountain Enterprises Ltd
Blue Ridge & District Lions Club
Cory Boddy
BPO Elks Lodge #11 Edmonton
BPO Elks Lodge #216 Acme
Brightbank & District Lions Club
James H Brown
Bruderheim Lions Club
Bryan & Company LLP
Buckskin Construction Ltd
CN
Canuck Industrial Sales (1982) Ltd
Travis Chopko
CIBC Children's Foundation
Cold Lake Northern Lights Lions Club
Country Cottage Seniors Residence
D.R. Anderson Holdings
Florence Dales
Direct Energy Resources
Drillin Management Inc
Drayton Valley Lions Club
Eco-Max Inc.
Eden North Parachute School
Edmonton Area Council One Society
Edmonton Castledowns Lions Club
Edmonton Community Foundation
Edmonton Millwoods Breakfast Lions Club
Edmonton Millwoods Lions Club
Edmonton Southgate Lions Club
Edmonton Strathcona Lions Club
Edmonton The City of Champions Lions Club
Elk Point OORP Lodge #269
Formula Powell LP
Fraternal Order of Eagles #4241 Ladies Auxiliary
Fraternal Order of Eagles Aerie # 4241
Golden Key International Honour Society
Grand Centre Lions Club
Teresa & Trevor Hanlon
Terry & Linda Hanlon
Healthy Smiles Inc
Innisfail Lions Club
International Cooling Tower Inc
Jackson Rentals
Jasper Lions Club
Karlson Contracting Limited
Kids Forever
Kiwanis Club of Edmonton Oil Capital
Kiwanis Club of South Edmonton
Knights of Columbus Holy Family Club
Korea Veterans Association of Canada
Trevor Lee
Lions Club of Edmonton Foundation
Ms Eugenia Lipinski

Gertie Love
Donal & Carmel Magee
Masonic Foundation of Alberta
George Matheson
Mattawa Industrial Services Ltd
Hugh & Madge McColl
Morinville Lions Club
Myshak Sales and Rentals
National Council of Jewish Women
Pearl & Armand Nielsen
North West Redwater Partnership
Northgate Pontiac Buick GMC Ltd
Christine Palmer
Parkland County
Anne Paterson
Peace Hills Insurance Co
Petrowest Construction LP
Bruce & Corinne Picton
Ponoka Lions Club
President's Choice Children's Charity
Priority Printing Ltd
Quadra Industrial Services
REALTORS' Community Foundation
Rexall Foundation
Shirley Richter
Rickard Excavation Ltd
Rimbey Lions Club
Roberts Conductor Cable Limited
Barb & James Robinson
Royal Alexandra Hospital – Employees Charity
Royal Canadian Legion #27 Fort Saskatchewan
Royal Canadian Legion #51 Ladies Aux Edson
Royal Purple #103 Acme
Royal Purple #125 Vegreville
Royal Purple #196 Drayton Valley
Royal Purple #225 Stony Plain
Royal Purple #233 Benalto
Royal Purple #261 Crossfield
Royal Purple #27 Ponoka
Grace Rumbold
Ryley Lions Club
Mr & Mrs Bill & Sue Sadler
Samies I.O.O.B.
Scotiabank
Servus Credit Union– Edmonton
Kyle & Barb Sewell
Sherwood Park Lions Breakfast Club
Gail & Stan Sissons
Smoky Lake Lions Club
Spruce Grove & District Lions Club
St Albert Breakfast Lions Club
St Albert Host Lions Club
Stony Plain Lions Club
Suncor Energy Foundation
Sylvan Lake & District Lions Club
Techspec NDT Inc
TELUS
The Allan & Sally Sawin Foundation
The Thrift Shop St Andrews United Church
TransAlta
Trequel Process Equipment Ltd
Try-Kam Structural Ltd
United Way of Calgary & Area
Vancouver Foundation-Keith Lord Sport
Foundation
Vermilion Lions Club
Veteran & District Lions Club
Mike Watchuk
Wild Sheep Foundation Alberta
Bev Wittmack
Jason Wiun
Pat Wiun
Brenda Wyne

2015 Camp Schedule

Seniors 1

Monday, May 25 – Saturday, May 30

Adults with Mental Disabilities 1

Tuesday, June 2 – Sunday, June 7

Adults with Mental Disabilities 2

Thursday, June 11 – Tuesday, June 16

Young Adults with Mental Disabilities 1

Monday, June 22 – Saturday, June 27

Adults with Physical Disabilities 1

Wednesday, July 1 – Monday, July 6

Teens & Children with Mental Disabilities 1

Friday, July 10 – Wednesday, July 15

Teens & Children with Physical Disabilities 1

Monday, July 20 – Saturday, July 25

Adults with Mental Disabilities 3

Wednesday, July 29 – Monday, August 3

Teens & Children with Mental Disabilities 2

Friday, August 7 – Wednesday, August 12

Young Adults with Mental Disabilities

Monday, August 17 – Saturday, August 22

It's Like Winning A Lottery!

It's hard to imagine that there are **24,800** non-profit groups competing for the same donation. Since Camp He Ho Ha is a grass-roots organization competing with the high profile non-profit groups, fund raising is extremely challenging. Camp does not receive funding from the United Way and receives minimal operational funding from the Government; therefore, donations like these are like winning a lottery! THIS IS THE TRUTH!

Lions Club of Edmonton Foundation



I always love hearing Larry Billing's voice at the end of the phone advising that the Board of Directors of the **Lions Club of Edmonton Foundation** is once again donating a whopping **\$25,000.00!** At that time, I could kiss the ground he walks on!

Who is this Lions Club of Edmonton Foundation? It is a registered charity created by the Edmonton (Host) Lions Club in 1984 with a mandate to support initiatives related to the betterment of youth. All members of the Edmonton (Host) Lions Club are also members of the Foundation which operates with a Board of Directors. The Foundation supports the following: Lions Quest, charities in the Edmonton area that deliver services to disabled youth, indoor floor hockey sports program initiatives in a number of Edmonton elementary schools, etc.

On August 7, 2014, I had the distinct pleasure of attending a dinner meeting of the Edmonton (Host) Lions Club held at the St. John's Cultural Centre. The food was delicious, the camaraderie was great, the very relaxing atmosphere and the company so enjoyable... a very pleasant evening!

The icing on the cake was when Clint Mellors, President presented a donation of **\$25,000.00** for Camp Health, Hope & Happiness and people with disabilities. For many years Camp has been blessed with a donation from the Lions Club of Edmonton Foundation.

ACT/UCT #1016 Edmonton Club



This club has been actively advancing the cause of independence and integration for children and adults with special needs living in Northern Alberta since 1929. While disability issues represent the main

focus of the ACT Edmonton Club, they have funded a wide range of organizations and supported a number of causes that fall outside their stated mandate. The Club became involved with Camp He Ho Ha shortly after its inception, and was responsible for the operation of the Camp until 1990.

I speak to Ivor MacBeath on the phone fairly often, but no conversation is as sweet as the one that he asks me to complete a Gaming Proceeds – Recipient Agreement for Alberta Gaming because the Board of Directors once again approved a very generous donation of **\$25,000.00!** It's music to my ears!

Since Camp He Ho Ha's inception, the ACT/UCT #1016 Edmonton Club has been a huge supporter of Camp He Ho Ha and children and adults with special needs, and this year was no exception! Again a whopping **\$25,000.00** was donated from the members of this Club! What a blessing!

ACT/UCT #1017 Edmonton South Club



This Club is a non-profit fraternal benefit society offering members various insurance products and other benefits. They live by their Motto, *"People caring and working together, making life better."* It's people helping the community. They

support various community projects such as scholarships for students, Allen Grey Continuing Care, Southeast Seniors, Youth Groups, Edmonton Police Helicopter and Camp He Ho Ha. I feel very blessed that Camp is one of the community projects the ACT/UCT #1017 Edmonton South Club supports!

On June 16, 2014 I had the distinct pleasure of attending a dinner meeting held at the Allan Gray Continuing Care Centre in Edmonton. It was a very entertaining evening with lots of humor and laughter. I thoroughly enjoyed the wonderful camaraderie, the delicious dinner and just visiting with everyone again.

Once again, it is almost a relief to hear Dave Ruptash's voice on the other end of the line to advise me that the members have once again approved a very generous donation of **\$15,000.00!** We are very blessed to be the recipient of the ACT/UCT #1017 Edmonton South Club's generosity and support.

It's Like Winning A Lottery!

Kiwanis Club of South Edmonton



Without the vision of the Kiwanis Club of South Edmonton, Camp He Ho Ha would only be a dream! This Club received its charter in 1948 and they didn't waste any time. In 1949 the Club was involved in its first Apple Day. 1960 saw the start of Camp Health, Hope & Happiness (Camp He Ho Ha), a camp for children with disabilities. The site was selected, and through the efforts of the Club, the Camp was constructed.

With a motto of "We Build," a focus of "Children Priority One," our purpose is "To Collectively Serve Our Community" by doing projects and programs directed to children, the handicapped and disadvantaged among us. This club has certainly lived up to its motto. The members of the Kiwanis

Club of South Edmonton have been involved with many projects to include Kiwanis Safety City, Reading is Fundamental, Terrific Kids program, Kids Playground at WINGS, a worldwide service project with Kiwanis International known as the Iodine Deficiency Disorder and of course Camp He Ho Ha. Since Camp's inception, the Kiwanis Club of South Edmonton has provided an annual sponsorship. Once again this year, the Kiwanis Club of South Edmonton provided an incredible **\$15,000.00** donation! Another blessing for children with special needs and Camp He Ho Ha!

These incredible sponsorships enable Camp He Ho ha to provide the best possible adapted recreational programs to the greatest number of individuals at the lowest possible cost!

"THANK YOU"

"Live Today The Way You Want To Be Remembered Tomorrow" – Dillon Burrows

When I think of this couple, I just know that they will be fondly remembered by the outpouring of generosity that they have bestowed on many organizations that make a difference in the lives of individuals in their community. They are always there! It is none other than **ALLAN & SALLY SAWIN** of **THE ALLAN & SALLY SAWIN FOUNDATION**!

The Allan & Sally Sawin Foundation makes generous disbursements to qualified donees in the area of health and community services for persons with disabilities.

Once again this year, I received a phone call that made all the difference! One morning in June I was sitting in my office waving to a couple of campers who had their noses pressed against my office window. My thoughts went to gratitude thinking very fondly of Camp's very special donors who help to make special memories for 750 campers each summer. As my thoughts continued, I answered the phone to be greeted by that friendly

voice once again. It was none other than Allan Sawin! He said, "Hello Joan, it's Allan Sawin. Sally and I want to make a donation to Camp again this year to support the great work that Camp does. We have a donation here for **\$30,000** that we will be sending in the mail." Once again, I was overwhelmed by emotions of gratitude as tears of joy filled my eyes! It's outpouring of generosity like this that really restores faith in humanity!

Allan and Sally have a daughter who attends Camp each summer. She thoroughly enjoys the camp experience, and we love having her spend time with us!

Very seldom does Camp receive a donation so easily with no solicitation! **It is like winning a lottery for Camp!** Allan and Sally, be proud knowing that you make a monumental difference in your community and in the lives of children and adults with disabilities.

A Hug Is A Great Gift

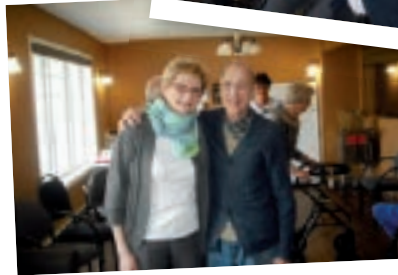
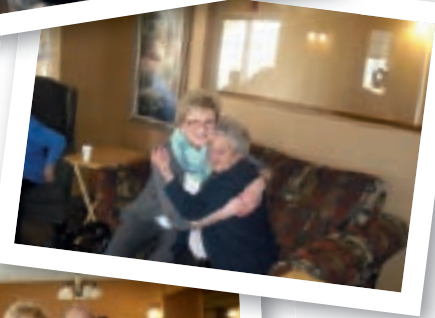
A hug warms the cockles of the heart, and is worth a thousand words!

It was one of those afternoons where you could feel the love and many warm HUGS were the order of the day! That was the atmosphere that afternoon at the Chartwell Country Cottage Retirement Residence located in Sherwood Park that I visited on April 28th. It's not the first time I visited there, and I hope it's not the last!

Under the direction, dedication and hard work of Lifestyle and Programs Manager, **Debby Bigelow**, the residents, volunteers and staff hold a very large Garage Sale with proceeds being donated to charity. Once again, it was a huge success, and Camp received a whopping **\$1,200.00** from the proceeds of the Garage Sale.

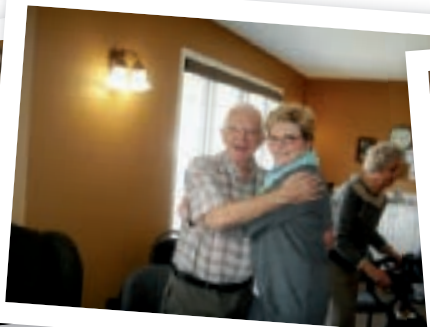
Through this incredible donation, adapted week-long recreational summer camps will be provided to children, adults and seniors living with every type and degree of disability, many of whom would be denied a recreational opportunity at other facilities. Your gift also provides families with a chance to take a much-needed pause from the demands of looking after a family member with a disability.

I was introduced to the Country Cottage community, several years ago when my aunt moved into the residence. Country Cottage is a supportive-living community that hires its own home care staff and host many visiting healthcare professionals. The residents have peace of mind knowing that someone is always available if needed and professional staff are on site 24 hours a day. With a variety of amenities and features in their residence, the goal of Country Cottage is to offer a safe, secure and fun environment while residents enjoy their daily life engaged with family, friends and the community. Country Cottage's vision is MAKING PEOPLE'S LIVES BETTER by offering respect, comfort and peace of mind.



Interestingly, Country Cottage not only makes the lives better for their residents, but also for the many campers who attend Camp He Ho Ha.

God Bless You All at Country Cottage! Thank you for the many heart-warming HUGS, the camaraderie, and for making a huge difference in the lives of the many children, adults and seniors who attend Camp He Ho Ha. A huge **"THANK YOU"** to **DEBBY BIGELOW** who gives so generously and is a shining light at Country Cottage.



A Counselor's Memories From Long Ago

About half a dozen of us had just got our male campers settled in bed for the night. Our nervous whispering filled the gaps between flashes of lightening and roars of thunder as we sat on our bunks watching a sudden summer storm, reflecting on events of the day. As I glanced out the window, a huge lighting bolt hit the power pole in the center of the camp compound, travelled down the pole's support cable and in a split instant shot across the ground between our dorm and that of the girl's next door. The light was blinding and the roar deafening!. The power was knocked out instantly plunging us into black darkness, and for a few seconds no one moved or uttered a sound. Then all was mass pandemonium. Campers started screaming at the top of their lungs. Those of us on upper bunks dove for the floor. Rushing into the dorm armed with flashlights, we found campers who had flung themselves from top bunks huddled with their bunk-mates under their beds mixed in amongst the leg braces we had placed there for the night. Forty-five minutes later, we finally got all our charges calmed down and tucked back into bed. Another eventful, long memorable day at Camp He Ho Ha.

Such are some of my memories of being a staff in the summer of 1963. I was fresh out of high school and eager to help children with disabilities. The most important lesson I learned that summer? All kids are just kids regardless of what physical or mental challenge they've been dealt.

But my association with Camp started years before, A family friend, Walter Bates phoned my home one summer day in the late 1950's asking if I'd like to go with him to see some land on Lake Isle. Not being a youngster dumb enough to turn down a rare opportunity to ride in a Cadillac, I jumped at the chance. We ended up walking over a mile of shoreline property he planned to develop into saleable lakefront lots. We also walked the site that is not Camp He Ho Ha. And on the ride home, having discovered that the point was Crown Land, he excitedly talked about how that site was exactly what his Kiwanis Club was looking for to develop at Camp. Years later, the name "Bates Point" was awarded at Camp in his honor.

In 1960, the year the Camp opened, Mr. Bates invited me to work on a crew that was preparing the land he was developing. As well, part of the time he had me join the crew that was still working on the development of the Camp. While doing this, I took careful note of the lot of the campers and marveled at the staff who worked with them. At the time, little did I think I'd ever have the chance to be a Camp staff member. Roll ahead to 1963. You could have knocked me over with the proverbial feather when I was told that my application to work at Camp was accepted.

In those days as counselors, we had a lot of freedom to provide opportunities for the campers to experience activities they didn't normally do. For example fishing and camping. We

lined them up on the cove's shoreline, armed them with fishing rods and proceeded to teach them to cast. Not a fish was landed that season, but the sounds of happy campers filled the air. And when we took them out to a site, we'd set up in the nearby forest, we had them construct a lean-to and build a campfire. A bit of a challenge for those in wheelchairs, but hey, it worked and that's ultimately all that matters.

There was no swimming pool at Camp in those days. We used the Camp's cove instead. On days when green algae was on the surface, we used boards to push it out of the swimming area. But when the water in the cove bloomed with blue-green algae, the Camp rented a school bus so we could take our campers to swim at Seba Beach. You want a challenge? Try life-guarding 60+ physically challenged youth mixed in amongst the general public diving and splashing around a large, high pier! You want to test the skills of your staff and the benefit of the swimmers' buddy system? That will do it, for sure.

In those days, we worked long hauls between days off. As one camp ended, and we were saying our tearful goodbyes to our latest batch of campers, a charter bus pulled in to unload the next group of excited kids. We would whirl around quickly, quickly change our sad faces to our happy one and yell, "Welcome to Campo He Ho Ha!" Then spin around again and console our crying charges while we helped ready them for their ride home (for some, this was defined as the Glenrose Hospital).

One such day saw another male counselor, Herb, and I walk out to Hwy #16, then try hitching a ride into Edmonton to retrieve his car, (At that time, the only development between the highway and Camp was the Camp. So not a lot of traffic.) When we arrived at the highway, Herb walked ahead of me so that every time we turned to thumb a ride, I couldn't see him. I began to wonder why we weren't having much luck when I happened to glance back and spot Herb acting spastic. One had to know him to understand why he was such a cut-up. After my reprimand perked to the inner workings of his mind, a ride soon followed.

At the end of August, and the last of the campers' squeals and sobs were but echoes in the minds, we held a staff party. Party is probably not the most appropriate term, as we were really physically tired and mentally drained by then, But would I change any of it? Not in a heartbeat...

*Mahlon Weir,
16 July 2014*

From working to clearing part of the Camp property in the late '50's, to serving as a Camp counselor, to becoming a very strong advocate for Camp He Ho Ha, to Immediate Past President of the Arab Patrol, a division of the Al Shamal Shriners of Northern Alberta, Mahlon has come full circle.

The Bear

No, it's not a big black furry animal! No, you don't have to carry "bear bells" to protect yourself from THE BEAR! In fact, you're in for a big surprise!

It's **100.3 THE BEAR**, a radio station that was launched in 1951 by Sunwapta Broadcasting as CFRN-FM. Since then, the station has been sold several times but it still remains in the CFRN TV building on the west end of Edmonton.

It's a radio station that believes in reaching out to support local children's charities, and reach out they did! The Bear's MONTH OF GIVING was started by The Paul Brown Show in 2013. The initiative encourages community support of Children's charities. Every year each member of the morning show selects a worthy cause and facilitates a good deed using funds raised from The Bear Children's Fund – raised in part by all the AWESOME Bear listeners!

It all started with a bottle drive! The Paul Brown Show was challenged to raise funds for van adaptations for Leanne, a child with physical disabilities who attended Camp He Ho Ha. Jen Walsh, a former Camp counselor who met Leanne at Camp became involved in the bottle drive. With the enthusiasm of the morning team, Paul, Gillian, Yukon and Ryan, big things started to happen with hundreds of listeners bringing in their bottles and cans which resulted in thousands of bottles and cans flooding the CFRN TV property!

It truly is amazing what a group of committed individuals can accomplish! So amazing that Gill and the gang ended up raising \$20,000 for the van upgrades.

The van lift didn't cost that much, so Jen Walsh promoted Camp He Ho Ha asking if The BEAR would be interested in supporting Camp He Ho Ha. She did an amazing job, and The BEAR wanted to get involved with helping our worthwhile cause.



Gill and the guys at THE BEAR raised **\$5,000.00** for children with every type and degree of disability who access Camp's adapted recreational summer camps!

When I met the morning show gang, Paul, Gillian, Yukon and Ryan, I was so impressed with their enthusiasm and big personalities! It was the best welcome I have every received.

A big THANKS to **Jen Walsh** for advocating for Camp He Ho Ha and for her hard work and dedication that helped to make this donation happen, and to the morning crew who promoted and worked diligently to ensure the success of the bottle drive.

WHO YOU ARE MAKES A DIFFERENCE!

Through this generosity, THE BEAR has made the world much brighter for those children who face numerous challenges every day!

"THANKS FOR THE MEMORIES"

Steps That Make A Difference

With drive and passion, Terry Coulbourn spearheaded a benefit dance for Camp He Ho Ha hosted by the Lukes & Lucy's Square Dancers. What an amazing fundraiser it was!

DO-SI-DO and around they go! Square dancers in their vibrant, colorful attire sashayed around the dance floor dancing for the benefit of children with special needs who attend our adapted recreational summer camps.

A highlight of the evening was a spectacular performance by the Swinging Spokes, a group of talented individuals in

wheelchairs who did several rounds of wheelchair square dancing. They were delightful to watch, and a true inspiration!

What a resounding success the event was. It raised a whopping **\$1,860.00** in support of children with special needs.

A special "THANK YOU" to **Terry Coulbourn** and her committee for the commendable job they did in organizing and hosting this great event! Our gratitude is also extended to all the participants who helped to make this event so successful.

Nothing Is Forever

The word bittersweet means *pleasant with overtones of sadness*. Bittersweet was definitely what I felt at the “**KIDS FOREVER**” **Finale Dinner, Dance & Silent Auction** held on October 18, 2014 at the Sawridge Inn & Conference Center in Fort McMurray.

It was an amazing and magical evening interwoven with tears of gratitude and joy, and tears of sadness. Tears of joy for the 22 families of children with special needs who received funding for mobility items, medical costs and travel expenses, and joy for the outpouring of generosity from the Fort McMurray community! It was totally overwhelming with a grand total of **\$1,120,000** raised that evening! Can you imagine that happening in any other city in Canada? Tears of sadness for the heart wrenching stories of kids and families who are struggling every day with illnesses and disabilities.

And standing humbly behind the scenes is none other than the **founder of “Kids Forever,” John Foy** and his loving wife Gail. John is a man of vision, passion, integrity, compassion, commitment and hard work. John had a very clear vision of making a difference in the lives of those less fortunate. When I asked John why he does this, he replied, *“It’s all for the kids! I learned from my Dad because that’s what he did. He was always helping kids.”*

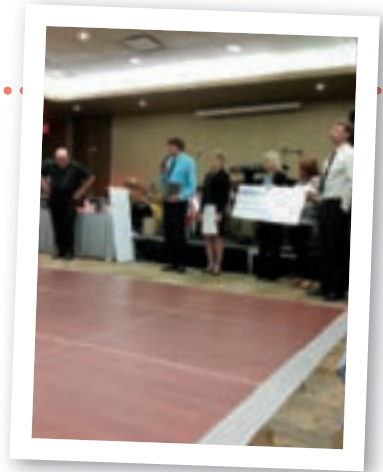
They say that to everything there is a season, and sadly this is true of “Kids Forever”! *With much emotion*, John Foy humbly thanked all the volunteers and the community of Fort McMurray for their assistance, kindness and generosity for the past 18 years. He also announced that after 18 years helping

the kids and organizations, this would be the last year for “Kids Forever”! Although this was a very difficult decision for John, it was time to spend more time with his family, and taking some valuable time to do the things that John enjoys doing.

It’s not the message everyone wanted to hear, but everyone understood. Throughout the year John spends hundreds of volunteer hours visiting families of children with disabilities and illnesses to discuss their fears, their challenges, their specific needs, and any financial assistance they could use to make their loads a little lighter.

To John, you truly are a blessing and an inspiration to every life you have touched on your “Kids Forever” journey. You have touched so many lives, and left footprints on so many hearts. We wish you many years enjoying your family and the things that bring you joy and happiness.

From the Board of Directors, staff and the hundreds of kids who attend Camp He Ho Ha, we extend our heartfelt gratitude to “Kids Forever” for their overwhelming generosity! To John, the amazing volunteers, the sponsor and the donors, we extend a HUGE **“THANK YOU”!**



More Than Just A Printing Shop!

There’s a lot of **HEART & SOUL** in this company! When you walk through the doors, you are always greeted with a very warm welcome and a very big smile! It’s just a group of people that you want to embrace and do business with.

They’re a group of people who are hard-working, dedicated, and passionate about the work they do, and they sincerely care about their clients. I attribute this environment to **Tim Downey**, Owner and General Manager of **Priority Printing Ltd.** He is a man who truly cares about his staff. I had the pleasure of sitting down with Tim to share Camp’s story, and to hear Priority Printing’s story. After hearing Tim speak passionately about his staff, I knew that he was a man of integrity and would go that “extra mile” for them. Tim said *“In the downturn in 2007-2008, Priority Printing lost a percentage of their business, and have never totally recovered from the financial down turn; however, I never laid any staff off!”*

Tim is a true philanthropist, a man of good will! Tim shared, *“Priority tries to support as many charities as possible every year!”* He believes in giving back to the community from which he is earning his living.



This past year, Tim donated a whopping **\$8,000** towards the cost of the newsletter, and another **\$550** towards the cost of the calendars that have been distributed to Camp’s donors.

Camp wholeheartedly thanks Priority Printing for it’s generosity. Once again, you have enabled Camp He Ho Ha to provide the best possible adapted recreational programs to the greatest number of campers at the lowest possible cost.

WHO YOU ARE MAKES A DIFFERENCE!

Shoot For Cause 2014

It's truly amazing what can be accomplished by 100 dedicated individuals. The 19th annual "Shoot For Cause" is a perfect example. The weekend of May 3 & 4, 2014 found archers from across Alberta come together at Camp He Ho Ha in support of Camp's worthwhile cause. Many arrows were shot, many old friends reacquainted, and many new friends made, but as the archers left for another year, it was very obvious why they spend the weekend at Camp He Ho Ha. An astounding **\$165,000** was raised in support of individuals with disabilities. What an accomplishment!

Camp He Ho Ha would like to extend their gratitude to all who made this event possible. Sponsors, donors, volunteers and most of all the participants... we couldn't have done it without you! **WHO YOU ARE MAKES A DIFFERENCE!**

2014 Title Sponsors



A special "Thank You" to Terry & Linda Hanlon for the major cash donation to the event!

We also thank Gary Hausse of Buckskin Construction Ltd. for his major cash donation to the event!

\$3,000 Grand Prix Shootout Try Kam/Elite Archery



When the Saturday night event began, 58 archers had their sights set on taking home a piece of the \$3,000 cash pie generously provided by Try Kam Structural Ltd., and the shiny new bow from Elite Archery. As the evening wore on, it was obvious that a steady hold, a smooth

release, and some well-timed luck would be necessary to get through the tough field of archers. One by one, archers were eliminated and the top eight finishers emerged. In the final

round, Bernard Lennon's arrows edged out those shot by Curtis Tulloch. Congratulations to all the participants!

All participants of the Grand Prix Shootout had a chance to win an Elite Bow. TJ Russell from Edmonton was the lucky winner.

Amazing Efforts

The top 8 pledge earners collectively raised in excess of **\$86,000** in support of the "Shoot For Cause." What an amazing effort by a very small group of dedicated individuals! Thank you for your continued support of our cause.



Our highest pledge earner was Greg Reynolds. He collected an astounding **\$24,500** for individuals with disabilities.

Cycle Works ATV

The lucky winner of the Cycle Works 2014 Rangers Razor ATV was Pat Wiun from Red Deer, AB, a long-time supporter of the "Shoot For Cause." She managed to raise \$5,205 prior to the event, and as a result of this, one of her 10 tickets on the quad was drawn. The Wiun family was ecstatic, and after 19 years of supporting the cause, it was well deserved. Congratulations Pat!



Air Canada Tickets

Donal Magee Fort McMurray, AB, a long time supporter of the "Shoot For Cause" was the lucky winner of the airfare for two anywhere in North America including Hawaii, Mexico and the Caribbean. His **\$20,935** raised in pledges entitled him to 6 chances to win the airline tickets, and apparently he only needed one!



Shoot For Cause 2014

A special "Thank You" to Donal and his family for their dedication, support, generosity and encouragement of Camp He Ho Ha and children and adults with every type and degree of disability who access Camp's adapted recreational programs.

Spirit of the Event

Caleb McKinnon is definitely a youth that deserves recognition for his ongoing commitment to raise pledges and support of Camp's cause. He holds the record for the youth who raised the greatest number of pledges for the past five years! This year was certainly no exception, and his dedication resulted in \$3,001.00 in pledges. Awesome job, Caleb!



Philanthropy Award

John Wiun Philanthropy Award – John Wiun was a man who never wavered in his support of the *Shoot For Cause* as a volunteer, archer, fundraiser, sponsor, and mentor, but most of all as a good friend. To keep his memory burning brightly, the John Wiun Philanthropy Award was established. Philanthropy is defined as caring for, nourishing, developing and enhancing humanity. That describes John perfectly. The 2014 recipient of the John Wiun Philanthropy Award went to **George Matheson**, an amazing friend, supporter and advocate of the Shoot For Cause and Camp He Ho Ha.



George, you truly are a deserving man of this award. Congratulations!



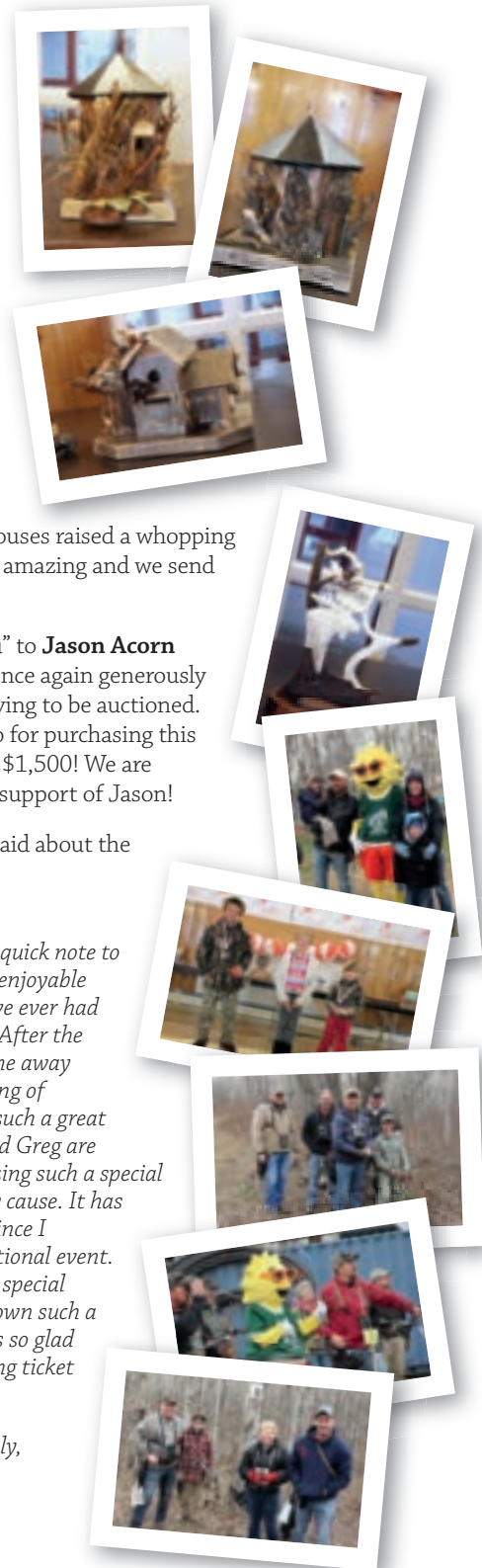
Bulldog Targets

A HUGE "Thank You" to **Seth Myers** of Bulldog Targets for generously donating the practice range for the archers to enjoy all weekend long! We are very grateful for the relationship and ongoing support of Bulldog

Targets! We really couldn't do it without you!

Acts of Kindness

Wow! A BIG "Thank You" to **Jolayne Evans** of James River, Alberta for her generous donation of three spectacular hand-made bird houses. How fortunate Camp is to have the ongoing support of this wonderful lady! Thanks to Donal Magee, Travis Chopko and George Matheson who donated his birdhouse back. Collectively these bird houses raised a whopping **\$5,100!** Your support is amazing and we send our deepest gratitude!



Another BIG "Thank You" to **Jason Acorn** from the boneyard, for once again generously donating a beautiful carving to be auctioned. Thanks to Travis Chopko for purchasing this beautiful piece of art for \$1,500! We are grateful for the ongoing support of Jason!

This is what one archer said about the "Shoot For Cause":

Hello Joan & Greg:

I just wanted to send a quick note to say thank for the most enjoyable 3D Archery Shoot I have ever had the pleasure to attend. After the awards ceremony, I came away with such a strong feeling of commitment amongst such a great group of people, You and Greg are commended for organizing such a special event for such a worthy cause. It has been a very long time since I witnessed such an emotional event. Pat Wiun is also a very special person who has gone down such a rough path in life. I was so glad that she had the winning ticket for the quad.

*Sincerely,
Dave*

THANKS TO EVERYONE FOR THEIR SUPPORT AND GENEROSITY!

“You Can Leave the Camp, but the Camp Never Leaves You”



Camp is a magical place. It has been referred to as, “a little piece of Heaven” and the “Disneyland of Alberta”! Although you leave, it is never far away! You carry the memories with you for eternity... it is just that way for everyone who is fortunate enough to spend a little time here!

Just ask **Cory Boddy!** From his humble beginnings eighteen years ago as a summer camp counselor at

Camp He Ho Ha providing the personal care and programming to children and adults with disabilities to his prestigious position as Director & Investment Counselor for ATB Financial Private Investment Management Group managing the investment portfolios for ATB’s top clients, Camp is near and dear to Cory. Cory’s passion, dedication, integrity, patience, acceptance, determination, happiness and leadership is the true essence of this incredible man.

When asked how Camp has made a difference in his life, Cory responded with, *“Camp inspired me to approach life with the same love and acceptance that our Campers do. Camp has given me a compass that I use to steer me towards what really matters in life. My time at Camp was the closest I’ve ever come to experiencing pure joy and acceptance. It is a magical place for Campers, Counselors, and everyone who supports Camp.”*

Although it’s been many years since Cory worked at Camp, he continues to play a very active role in Camp He Ho Ha. He has served many years on the Camp He Ho Ha Board of Directors, and has been a very strong leader and a huge asset to the organization. Several years ago, Cory biked with a fellow counselor from Calgary to Vancouver, the Sky to Sea trip, and raised \$10,000 for Camp He Ho Ha. Cory has made a commitment to Camp’s Endowment Fund, and has become a member of the “Campfire Circle.”

His commitment to the organization doesn’t stop there! For the second time, Cory traded stocks in, in the amount of **\$3,112.20** and the recipient of his generosity was Camp He Ho Ha!

The following quote by Ralph Waldo Emerson is the epitome of Cory Boddy –

“To laugh often and much; To appreciate beauty and find the best in others; To leave the world a better place; To know that one life has breathed easier because you have lived. This is to have succeeded”

To his commitment as a counselor at Camp He Ho Ha, to his commitment as a Director and Investment Counselor at ATB, to his ongoing commitment to Camp He Ho Ha, to his commitment to his family, Cory has succeeded. I feel so blessed that our paths crossed!

THANKS FOR THE GIFT OF YOU!



Angels Among Us



Tracy Chapman wrote, *"I've seen and met angels wearing the disguise of ordinary people living ordinary lives."*

What is an angel? There are several meanings for an angel, but the one that resonates for me is *a person regarded as beautiful and good.*

Well, I had the distinct pleasure of meeting two beautiful and good people... **JEANIE AND JAMES BROWN of James H. Brown & Associates, Alberta Injury Lawyers.** When I met this amazing couple two years ago, I fell in love with their heart and soul and their generous spirits.

Jeanie and James visited the Camp while there was a camp in session. They were extremely impressed with the summer staff and the valuable experience Camp provides for people with special needs. They were also very impressed with the very positive impact the Camp has on both people with special needs and the summer counselors. In fact, this wonderful couple was so impressed they have ensured that a family member and a friend, both with disabilities, have attended the Camp.

After listening to Jim's very impressive personal story, I gleaned insight into Jim's passion for those individuals who struggle with disabilities every day. I shared Jim's story with you before, but I feel it is worthy of sharing it again.

James Brown's commitment to seriously injured persons and their families comes from firsthand experience. **He knows what it's like to spend a year in a wheelchair and to suffer a life-changing injury in a serious car accident.** A rare hip ailment at age 7 left Brown bedridden for a year and confined to a wheelchair for another year. Brown went on to excel in sports and was a member of the 1963 memorial Cup Champion Edmonton Oil Kings hockey team. His dream of a professional hockey career came to an end at age 19. **He suffered a broken neck in a head-on collision with a drunk driver.** Brown's struggle back to health taught him how much a devastating injury can affect someone's life. He has never forgotten this experience and credits it with being the driving force behind the successful injury law firm, **James H. Brown & Associates.** *"When I was injured, there wasn't much out there for support,"* says Brown. *"We are dedicated to seeing that seriously injured people receive the support they need."*

Nelson Mandela wrote, **"What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead."** From the outpouring of generosity of these two people, I truly believe that Jim and Jeanie have lived and continue to live making a huge difference in the lives of others less fortunate.

Once again, this generous couple donated **\$25,000** to assist with the sponsorship of hundreds of children and adults with disabilities that will provide them with the opportunity to spend a week in the *"Disneyland of Alberta!"*

Encouraging Excellence

As you know the Government of Canada offers many programs that assist Canadians. This year the Federal Government launched **Canada Summer Jobs 2014** which supports work experiences for students, and helps provide important community services.

As a result of this valuable initiative, Camp He Ho Ha was very fortunate to receive funding in the amount of **\$60,976.00** for 10 positions (1 nurse, 4 team leaders and 5 counselors).

Camp He Ho Ha takes this opportunity to thank the Government of Canada for providing financial support directed toward our camps for people with disabilities. With the support of the Government of Canada, Camp He Ho Ha can continue to offer the best possible adapted recreational programs to the greatest number of individuals at the lowest possible cost.

This project is funded by the Government of Canada's Canada Summer Jobs Initiative.



University Of Alberta Golden Key

Many of you may never have heard about this society. It's very unique, and I had the distinct pleasure of being introduced to this prestigious society.

So what is Golden Key?

Golden Key is the largest collegiate honour society in the world. Golden Key recognizes academic excellence and fosters an environment which encourages scholastic goals. They maintain a strong working relationship with the administration, faculty, and general campus community. Membership into the Society is by invitation only to the top 15% of college/university sophomores, juniors, seniors and performing US graduate students in all fields of study based solely on their academic achievements. Golden Key is a non-profit organization.

What is the Golden Key Vision?

Golden Key is the world's premier honor society. They recognize academic excellence and provide tangible value to their student members, advisors, recent alumni, and partners while positively impacting our lives and society.

Amanda Warnock a former Camp counselor and a member of Golden Key contacted the Camp to advise that the U of A Golden Key chose Camp He Ho Ha as the recipient of two fundraising events this year.

Amanda is Vice President of the Charity Fundraising Executive of the U of A Golden Key Society for 2013-2014. There is a sub-committee for Charity Fundraising who are responsible for getting items for the silent auction, food items, ticket sales, promotion and any other duties as required. Amanda describes them as an amazing group of individuals.

In 2014, two fund raisers were held for Camp. The first event was Vitalus, a benefit concert and silent auction that was very successful with 200 people in attendance. The second fund raiser was a Wine & Beer Tasting held at the Yellowhead Brewery. Again, this was a huge success. A whopping **\$5,513.93** was raised in support of children and adults with disabilities who attend Camp's adapted recreational summer camps.

In a video, Amanda smiled broadly as she talked passionately about Camp. She described Camp perfectly by saying, **"Camp is a Disneyland for campers. It just is so amazing!"**

Our heartfelt thanks to Amanda for her exceptional advocacy of Camp He Ho He which made this dream a reality. Thanks to the incredible subcommittee who worked diligently behind the scenes to make these events a huge success.

WHO YOU ARE MAKES A DIFFERENCE!

Sprucing Up Camp's Showers

Have you ever been frustrated looking for something that just isn't? Well, that was me for the past year... trying to find a solution to replacing Camp's old stained shower curtains that had definitely seen their better days! Because they aren't a normal size, they become a specialty item, and would cost thousands of dollars to have them specially made.

To my friend and awesome resource when it comes to linens, curtains, etc., I turned to **Clayton Grabher**, Purchasing Manager of **Eden Textile**! He said, *"Get the exact measurements of the shower curtains, and I will have my ladies sew the curtains."* After a year of research and frustration, I could have kissed the ground Clayton walks on!

These curtains totally spruced up the shower units making them look so bright and welcoming. Guests have commented on what a difference these curtains have made! To have the support, encouragement and generosity of Clayton and Eden Textile is nothing short of incredible.

This isn't the first time that Eden Textile has reached out to assist Camp He Ho Ha! We are so grateful for this donation and all other donations that Clayton and Eden Textile has so graciously given!

eden textile



God Bless All Little Boys With Sling-Shots!

Do you know who this slogan represents? Have you seen the billboards around town? It is none other than **CRYSTAL GLASS!**

Crystal Glass is a company that specializes in repairing and replacing auto glass, windshields, residential and commercial glass. From fixing broken windows to producing custom mirrored closets, shower doors and table tops, Crystal Glass offers a variety of services.



Crystal Glass celebrated its 65th anniversary this year! From one location in Edmonton, the company has grown to almost 80 retail stores, warehouses and manufacturing plants in Alberta, British Columbia, Saskatchewan, Ontario and Montana, and it shows no signs of slowing down.

Crystal Glass today is a marked contrast to the shoestring **ED BEAN**, the founder of Crystal Glass started his operations on. In 1949, Ed was 21 years old, with about \$1,000 in savings and the use of his father's 1940 Ford Coupe. "I had gone to Strathcona High School and McTavish Business College," he explains, "and I had worked for Provincial News in accounting for about a year. But during high school and college, I had worked after school and on Saturdays for a glass company on the north side, and got to like the glass business – and that was all I wanted to do."

Ed Bean started Crystal Glass from rented premises on Whyte Avenue in Edmonton's Strathcona area, largely concentrating on auto glass, "In those days, we used to use a lot of flat glass in automobiles. You could carry one sheet of glass 36" x 84," and you could glaze almost any car on the market – you didn't need a big inventory in those days," he recalls.

In 1954, Ed landed a \$15,000 loan and purchased an old service station on Whyte Avenue – his first real shop. It was in the 1950's that Crystal Glass took off and started to expand and add more locations.

The first time I was introduced to this man was at a Kiwanis Club of South Edmonton meeting, and several years ago I had the distinct pleasure of meeting with this true philanthropist, **ED BEAN!** Although he is a very successful businessman, he was the most welcoming, down-to-earth individual you could ever have the distinct pleasure of talking to. He has an incredible art of making people feel that they are very special by taking a very genuine interest in them. I shared Camp's Endowment Plan with Ed. Of course, he was very knowledgeable about Endowments and the value they create for an organization.

After hearing my story, Ed said, "I can definitely help you with this endowment program." I was so happy that Ed responded so positively towards my ask. Little did I know the extent of his

generous spirit... a whopping **\$100,000.00** Endowment Fund created by Ed that is called the **Ed Bean Fund** at the Strategic Charitable Giving Foundation! I was overwhelmed by Ed's generosity! A true philanthropist is **ED BEAN!**

Ed Bean personally, and Crystal Glass as a company have made a lasting commitment to serve its community. Whether it's day camps or little leagues, Crystal Glass is invested in giving back. Their main charity is called Crystal Kids.

I've always been interested in supporting communities," Ed beams, "which is why we got involved with Crystal Kids. We continue to raise funds for the facility on a daily basis." Crystal Glass is also heavily involved in the communities they do business in, contributing to organizations such as Girl Guides, United Way, and the YMCA. One charity that the company finds itself quite attached to is Camp He Ho Ha (short for Camp Health, Hope & Happiness). This camp is located at Lake Isle, 100 kilometers west of Edmonton and is built specifically for children and adults with physical and mental disabilities."

Ed just doesn't *talk the talk* he *walks the walk*. When he said, "I've always been interested in supporting communities," he meant that. When I contacted Ed in October to chat, he asked me how things were going at Camp, and I told him that I have concerns about the future of Camp because the majority of our donations come from seniors and service clubs. I advised that service clubs are disbanding due to very low membership and aging members and it is becoming increasingly difficult to raise funds; therefore, donations are becoming smaller. After listening to me, Ed asked me a few questions, and said, "I'll call you next week." I just knew that he would because he is "a **MAN OF HIS WORD!**" Sure enough, the following week, Ed did call me and after a few pleasantries, Ed said, "Did you get my cheque that I mailed? It's for **\$50,000.00**, and I hope that will help you." I was reduced to tears so grateful for the generosity of Ed Bean, a man who genuinely cares and shares!

**GOD BLESS ALL ED BEANS
WITH GENEROUS SPIRITS!**

Al Shamal Shriners Of Northern Alberta



The Al Shamal Shriners of Northern Alberta are a very interesting and amazing group! I find their history fascinating, and would like to share a little with you. This organization has 14 very diverse units which include the following: Arab Patrol, Director's Staff, Oriental Band,

Motor Corps, Pipes & Drums, Provost Corps, Silver Wings, Clowns, Greeters, Legion of Honor, Patrol Arabs, Ponoka Fire Truck, TLC Corps and Vintage Cars. Each of these units has a different function to perform; however, they are truly united in heart and soul with the same vision.

Since being formed in 1952, the Arab Patrol has enjoyed a distinguished reputation as a precision marching unit. The unit consists of flag bearers, marchers and band members who enjoy displaying their skills in Shrine and Municipal parades. As well, the unit is often called upon to serve as an honor guard for special Shrine ceremonies.

Unit members pay a small deposit for the issue of several uniforms (parade, memorial/funeral and formal). Other than nominal annual fees (dues), there is no initiation or other fee. Meetings are held the evening of the fourth Monday or every month, excluding July, August and December. Optional drill practices are at the call of the unit's captain. To assist raising funds for the Shrine, unit members volunteer to work bingos and casinos. During the year, the unit holds several social functions such as Captain's Party, Ladies Night, Mother Day Brunch, etc.

Loving & Giving

What a beautiful day it was! Two beautiful people on a beautiful sunny day on August 24, 2014 at the breathtaking Devonian Botanical Gardens, exchanged their marriage vows to become Mr. & Mrs. Trevor Hanlon. They are none other than Trevor and Tara Hanlon, two special people of Camp.

At their wedding, these two special friends of Camp asked the guests to leave a donation to Camp which was both thoughtful and very kind. This ask generated a whopping **\$1,000.00** for the kids with special needs who attend our summer camps.

I had the distinct pleasure of spending time with two members from the Arab Patrol on April 22, 2014. **Bob Kennedy**, Captain, Arab Patrol and **Mahlon Weir**, Immediate Past President, Arab Patrol and wife Eva joined the Board and staff for dinner prior to the AGM meeting. I was fascinated with Mahlon's story that has been printed on page 19 entitled "A Camper's Memories From Long Ago."

As a result of numerous volunteer hours so generously given over the past years, The Shriners have supported an average of 80 Alberta children and their families whose benefits from their Shriner's Hospitals reach beyond treatment available everywhere else.

This year, Camp He Ho Ha was the recipient of a very generous **\$15,000** donation from the Al Shamal Shriners – Arab Patrol. I was ecstatic when Bob and Mahlon presented Camp with this donation.

THANKS FOR MAKING ALL THE DIFFERENCE!



The relationship with Trevor and his Dad, Terry goes back 18 years ago when Terry brought many kids from Lac La Biche to participate in Camp's 3D Archery Shoot, "The Shoot for Cause"! Ever since that time 18 years ago, a very strong relationship has remained. Terry and Trevor volunteer for the entire weekend at the "Shoot For Cause." We are very fortunate to have them as volunteers. They are **VOLUNTEERS EXTRAORDINAIRES!** Every year Terry also provide Camp with a generous sponsorship of \$3,000.00 for the "Shoot For Cause."

Trevor and Tara, accept our humble thanks for making this happen. It's people like you who bring Health, Hope & Happiness to hundreds of children with special needs each summer.

We Care

Their logo says it all – WE CARE! This is the truth about the REALTORS® Community Foundation.

The REALTORS® Community Foundation unites REALTORS® with our communities to help fund and support local charities that address homelessness, shelter, hunger, crime prevention and other needs in Edmonton and area because WE CARE about our neighbors and our profession. The REALTORS® Community Foundation has given grants to local Edmonton and area charities with \$3.8 million in total since 1986! The Foundation is supported by REALTORS® who generate fundraisers and donate hundreds of volunteer hours each year.

On March 7, 2014, the REALTORS® Community Foundation spent an emotional morning giving donations to 48 deserving grassroots organizations in the Edmonton Area. The funding allocation event has become an exciting tradition for charities and REALTORS® alike.

Jill Didow, REALTORS® Community Foundation Director explained, *“This is my favorite day of the year. Some of these smaller organizations really rely on funding from the Foundation, and the generous REALTORS® who support it. I have the privilege of getting to see these charities in action throughout the year and it is truly remarkable what they do with their funding.”*

Once again, Camp He Ho Ha was one of the fortunate grassroots charities who really rely on funding from the REALTORS® Community Foundation to assist with Camp’s projects. It is always a pleasure when Jill attends Camp’s Open House. Jill is a very warm, caring individual who shows a genuine interest in the work that Camp does.

For more than a decade, the REALTORS® Community Foundation, Edmonton and Area has shown amazing generosity by donating to numerous Camp projects that desperately require funding. In 2014 the Foundation provided **\$10,000** for flooring replacement in the wheelchair accessible swimming pool complex. The friendship, support and generosity of the Foundation has been nothing short of amazing! Camp He Ho Ha is very blessed to be the recipient of this very generous donation. **“THANK YOU”!**



Edmonton Community Foundation

The Edmonton Community Foundation supports requests from charities representing arts, culture and heritage; education and learning; community and social services; health and wellness; recreation and leisure, and the environment through the Community Grants Program.

We reached out to the Edmonton Community Foundation, and completed a grant for funding to replace the deteriorating rubber pool deck. Over the last 35 years, it has separated, heaved, cracked and pitted causing an uneven surface. As a result, it is not only a safety issue for children and adults with mobility issues, but is also very difficult to sanitize. This floor will be replaced by slip free commercial flooring.

Within a short period of time, Camp received confirmation that a grant for **\$33,580** had been approved to assist with replacing the aging pool facility floor. We thank the

Edmonton Community Foundation for their encouragement, support and generosity not only for the hundreds of adults and children with disabilities who attend our summer camps, but also for the thousands of Albertans that utilize our facility for conferences, retreats, seminars workshops, etc.

Our heartfelt thanks to the **Edmonton Community Foundation!** We couldn’t do it without you!



A New Meaning For The Word De-Icer



On Wikipedia, the word deicer means *defroster: heater that removes ice or frost as from a windshield, a refrigerator or the wings of an airplane*. To my knowledge, there were no windshields or airplanes but maybe a refrigerator to keep the “soda pops” cool!

It was Camp’s dear Friend, **Bruce Picton** who for the second year traded in the snow for sunshine, the hockey sticks for golf clubs, the hockey gear for golf shirts and the skates for golf shoes. He made it all happen again for the kids!

As Bruce watched the barge sail past his cabin, he was greeted with peals of laughter, shouts of joy and excited waves from the children and adults who were enjoying the thrill of a barge ride. Being the incredible philanthropist that Bruce is, he started to form a vision of how he could make a difference in the lives of these special people. Eight years ago, his dream became a reality, and he hosted the first “Icebreaker Tournament” with all proceeds raised in support of the hundreds of children and adults who attend Camp He Ho Ha during the summer. For the second year, Bruce has hosted “The De-icer Golf Event”!

On June 20, 2014, a group of Bruce’s family, friends, and business associates strolled on to the greens at the Petroleum Golf & Country Club swinging for people with disabilities. After their golf game which was thoroughly enjoyed by the participants, they enjoyed drinks, appetizers and a silent auction. It was a huge success with a whopping **\$14,100** raised during an afternoon of camaraderie and a great round of golf.

Bruce Picton, a very successful entrepreneur and businessman formerly of Veres Picton & Co. LLP and now a business partner with Kingston Ross Pasnak.



We acknowledge the generosity from **KRP LLP – Kingston Ross Pasnak** for assisting with this fundraising event for Camp He Ho Ha. This accounting firm assisted with prize bags, raffle prizes, and donations and time of several of the partners; Rob Picton, Justin Rousseau and Geoff Oberg. Being a grass-roots organization, Camp appreciates more than words can express the support from Kingston Ross Pasnak!

I said these very words before and I say them again. To Bruce, a man of integrity, a visionary, a professional, a humanitarian and a passionate and humble man, I am humbled by your kindness and generosity. Know that **“WHO YOU ARE MAKES A DIFFERENCE!”** Through your kindness and generosity you have left footprints on many hearts and touched many lives.

In the past eight years, the “Ice Breaker Tournament” and the “De-icer Golf Tournament” has raised a whopping **\$111,000!** To Bruce and to every participant who made his happen over the eight years, be proud of this huge accomplishment!



Making The World A Better Place One Volunteer Hour At A Time

In the words of Terri Guillemets, ***"The world is hugged by the faithful arms of volunteers!"*** What a profound statement this is, and is so very true of the 104 dedicated volunteers at **St. Andrew's Thrift Shop** in Spruce Grove who give so willingly of their time. If you ever visited the facility, it's like stepping into a world of smiles, love, passion and kindness.

Nadine Chauban, Manager is very passionate and excited about the hundreds of lives The Thrift Shop touches each year through the numerous donations to charities and societies. When we sat down for lunch one day, Nadine said, *"We turn the money back into the community at the end of the year."* She is also very quick to credit the volunteers who are the driving force behind this successful endeavour. Nadine said, *"The volunteers are an amazing group, and we just can't do without them!"*

Camp He Ho Ha has been blessed with the generosity of the Thrift Shop since 2003, and this year was no exception. A very generous **\$7,000** was donated to assist with sponsoring our campers to attend our summer programs. Camp is not the only charity that benefits, as their generosity touches lives all over the world.

Then in November, my friend Nadine called with some awesome news. She said, *"There was another **\$3,000** approved for Camp He Ho Ha, and I'm sure you can use this extra money,"* I was shocked that we got another donation for a total of a whopping **\$10,000!** I was even more shocked when Camp received another **\$5,000** for a grand total of **\$15,000** in 2014! The Thrift Shop is a great friend of Camp, and we so appreciate your friendship!

Volunteers are such a blessing! Words are not adequate enough to express our heartfelt appreciation to Nadine for her wonderful leadership, and to the hundreds of volunteers for their dedication, compassion and the hundreds of hours they volunteer making a huge difference in people's lives not only locally but internationally so I humbly say *"Thank You!"*

Tracy Chapman wrote, ***"I've seen and met angels wearing the disguise of ordinary people living ordinary lives."*** When you witness the volunteers busy as bees and happy as larks working at the Thrift Shop, they truly are angels.

**THANK YOU
FROM THE BOTTOM
OF OUR HEARTS!**

Happy Anniversary... 100 Years Young!

Magical is the best word to describe the **100th ANNIVERSARY of the BPO ELKS LODGE #11!** held on September 13, 2014. It commenced with an amazing buffet dinner catered by A-1 Catering. The food was delicious, and for many it meant seconds! This was followed by an interesting and informative program and presentations and ended with superb entertainment by Rollanda Lee & The Canadian Hot Stars. Rollanda Lee travelled the world as an entertainer. She was one of K-Days' Klondike Kates, a position that made her a Northlands Ambassador. Rollanda Lee was personable, funny and very entertaining! She definitely created memories that evening!

The Mission Statement of the Edmonton Elks Lodge #11 states: A national, fraternal charitable organization promoting and supporting community needs through volunteer efforts of local lodges. They do a remarkable job of supporting children's charities.

At their 100th Anniversary, several charities were presented with donations. Camp He Ho Ha was one of the fortunate charities that received a very generous donation of **\$5,000** to assist the kids who attend the Camp every summer. Since 1992, Camp He Ho Ha has been the fortunate recipient of the encouragement, support and generosity of the members of the BPO Elks Lodge #11. Know that your ongoing support makes a huge difference in the lives of children with special needs.

**CONGRATULATIONS!
MAY THIS BE THE BEGINNING
OF ANOTHER 100 YEARS!**

A Treasure

"What is a treasure?" you ask. A treasure is different things to different people. It is something that is special, important or valuable. To the campers, it was something very special.

"If you come to visit the camp today
You won't believe your eyes,
If you come visit the camp today
You will find a big surprise.

You'll find our very happy campers
On the runway standing in a line,
Dressed in all the fashionable furs
Shouting, "Hey there, look at mine!"

And dress up they did! Last year we couldn't have been prepared for such a fashion show of furs, but due to the generosity of a very dear Friend and Supporter of Camp, fur coats of every type and size were donated by **Teresa Brunner**. She had no idea what a treasure these fur coats were! The staff and campers love, love, love the fur coats and they are a hot commodity during the camping season!



Not only are the fur coats a treasure, but you are a treasure also Teresa! ***Special thanks to a special lady!***

Teresa visited the camp for the last spectacular skit night on August 19th. There she witnessed the popularity of her donation. Campers and staff donned the fur coats and strutted about on stage!

Kissing Takes On A Whole New Meaning

It was October 12, 2013! On that beautiful October day with Lake Isle as the background, Jason & Meghan, two special people, took their marriage vows to become Mr. & Mrs. Jason Verkuyl and Camp was proud to host this event.

Being good friends of Camp, Jason & Meghan decided that they wanted to make a difference in the lives of the children with special needs who attend Camp each summer. A creative thought "outside the box" and Voila... a Kissing Jar emerged! Instead of clicking glasses when the guests wanted the bride and groom to kiss, guests had to place money in the kissing jar. What a fun experience! Guests had many combinations of individuals kissing. This resulted in lots and lots of kissing happening that evening. At the end of the evening, the Kissing Jar held **\$600.00!**

Camp's relationship with the Verkuyl family started back in 2007 when we contacted Harry and Susan Verkuyl of Try-Kam Structural to provide a quote for a new Camp Maintenance shop. In 2008, the maintenance shop was constructed, and the working relationship grew into a friendship! Harry and Susan also provide a generous sponsorship of \$3,000.00 for the "Shoot For Cause"!

Many thanks Jason and Meghan for making this happen! It's people like you who truly make the world a better place for those less fortunate!

Bryan & Company LLP

Lawyers often get a bad rap! People see them as padding their pockets at the expense of the general public. Well, lawyers don't always take your money; they actually do give money back to the community.

Camp He Ho Ha was the recipient of the generosity from one of these law firms – **Bryan & Company LLP!** The day I received a call from Jeff Sermet, one of the firm's lawyers, was a great day for me. Jeff informed me that Camp He Ho Ha was Bryan & Company's charity of choice for 2014, and he invited me to a reception held on April 25, 2014.

Jeff Sampert shared that the law firm does a number of in-office activities on a pretty regular basis such as jeans day at least one a month where employees donated \$2.00 every time they wear jeans to work. The firm also obtained donations through annual events like our bake sale, silent auction as well as a pumpkin carving contest where the pumpkins get auctioned off to take home. The staff also have a chili cook-off

where volunteers cook chili and it's judged. Anyone can come and eat but in order to do so, you must first pay \$5.00. One of the firm's biggest fundraisers in the year was selling of candy grams in the office. The staff make little Halloween cards that are sold for \$1.00. each The person writes a little something on the card to a specific someone and then on Halloween, they are handed out with a bag of candy. Over the past few years, this card fundraiser has raised over \$1,000 per year.

Over the year, the staff of Bryan & Company LLP raised **\$5,339.00** that was donated to Camp He Ho Ha in support of children and adults who attend Camp's adapted recreational summer camps.

A very special thanks for the generosity of the staff of Bryan & Company LLP for organizing these great events and in making this terrific donation a reality!

THANKS BRYAN & COMPANY LLP!

Stony Plain Lions



For over 55 year, the Stony Plain Lions Club has been active in Stony Plain, AB, Canada, North America and beyond! Very impressive!

Whenever a Lions Club gets together, problems get smaller and communities get better. That's because we help

where help is needed – in our own communities and around the world – with unmatched integrity and energy.

This is my Lions Club, and although I have not had the good fortune of being an active member because of my work commitments, I am very impressed and proud of the projects this Club generously supports.

In our Community, the Stony Plain Lions Club supports the following groups: Stony Plain Scouts, 4-H, Aerials Gymnastic Club, CPR Mannequins at the Pool, Gazebo at Whispering Waters, Kinsmen Christmas Hamper, Lions Playground, Light Up Life Society, Memorial Composite School Awards, No Child Without, Project Pride, Stony Plain Library, Tender

Hearts, Town of Stony Plain Handi-Van, Victim Services and Westview Health Centre. Regionally and nationally, this Club supports: Alberta Foundation for Diabetes Research, Camp He Ho Ha, CNIB, Lions Cavalcade for Diabetes, Lions Eye Bank, Lions Foundation of Canada Guide Dogs, Lions Quest, Stars, and several International organizations.

What an asset the Stony Plain Lions Club is to their community, to regional, national, and international groups! This is no different from every other Lions Club in the World!

Once again, Camp He Ho Ha was blessed to receive a very generous donation of **\$6,000.00**. This donation plays a critical role in enabling Camp to provide the best possible adapted recreational programs to the greatest number of individuals at the lowest possible cost!

Thanks to my fellow members of the Stony Plain Lions Club for your ongoing support, generosity and encouragement. It means the world to people with every type and degree of disability.

A Stitch In Time Makes Life Sublime

You walk into the room and all you hear is the humming of sewing machines, and the room is adorned in amazing colorful creations that are a result of the quilter's creativity. Each quilt is unique, colorful, and made with lots of love.

Behind these quilts is not just another woman passionate about sewing! It's women who are truly passionate about making a difference in the lives of those less fortunate. Camp He Ho Ha was very fortunate to be the recipient of their generosity.

When there is an outpouring of generosity, there is usually one individual who is the "driving force" behind that generosity. That individual is none other than a dear friend and strong advocate of Camp, **Teresa Brunner** who is a

member of **the St. Albert Quilter's Guild**. Each year, Teresa provides the ladies with information about Camp He Ho Ha, and asks that they consider making a donation to Camp. Believe it or not, **\$1,780.00** was raised in support of people with disabilities!

This is the same scenario for the ladies of **Behind the Seams** who rent the facility for a quilting retreat. The only difference is the name of the Camp friend and advocate which is **Shelley Bannister**. These guild members each bring an item for an auction that is held during the retreat. The girls really put their heart and soul into this endeavor and brought amazing auction items. Another believe it or not, but **\$1,480.00** was raised in support of the special people who attend Camp.

I send a huge "**THANK YOU**" to Teresa and Shelley who spear headed these efforts, and to the ladies for their whole hearted participation!

KEEP STITCHING TO MAKE A DIFFERENCE!

We do Fantastic Things With Water!

That's the motto of **Automated Aquatics Canada Ltd.** And behind this amazing company is none other than **Darrell Martin, President**. Since 1996, Automated Aquatics, supplier of all of Camp's swimming pool requirements, has supported Camp He Ho Ha and children and adults with special needs who attend Camp each summer.



Another true philanthropist, Darrell remembers and supports those individuals who face many challenges every day. Through your generous **\$5,000** donation, you have made many lives a little brighter. Whenever, I contact Darrell to express my appreciation, he always responds with, "*We had another good year, and It is a pleasure to support the great work that Camp does!*"

Many thanks to Automated Aquatics for truly making a difference in many lives!

When You Least Expect It!

Heroes come with wings, not capes... they are called angels!

They sometimes appear when you least expect it, and illuminate the world around you. That's exactly what happened one day at Camp when a lady who was attending a retreat said to me, "I will be sending a donation to Camp." I was very grateful that she would care enough to help brighten the lives of children and adults with special needs.

Opening the mail one day, I was overwhelmed with emotion and reduced to tears to find a very generous donation of **\$10,000.00!** When I contacted the donor to express my appreciation, she requested that she remain an anonymous donor.

Yes, there are angels among us who are a bright light in the midst of our lives, and walk beside us on the stepping stones of life. To Camp's gracious **Anonymous** donor, we thank you for your generosity, support and encouragement.

Always There For The Kids

Although this club did not have the greatest of years, the member's generous spirit stayed alive! Like many other clubs in Alberta, members are aging, membership is declining and there are fewer volunteers. One of this club's revenue streams ended when the St. Albert Bingo Association dissolved. However, the members of this Club are very resilient and resourceful!

In spite of the issues facing them, the members remain positive and dedicated to still making a difference in their community. When I visited this Club in September, there was a generous amount of camaraderie, laughter and just lots of FUN! One leaves with a good feeling!

It's none other than the **ACT/UCT #1024 ST. ALBERT CLUB!** On

that day in September, Camp He Ho Ha was presented with a generous donation of **\$5,000!** This donation will enhance the lives of the children who attend Camp which has been called the "Disneyland of Alberta!"



Camp He Ho Ha and children and adults with disabilities truly appreciate the ongoing support from this Club, and we want you to know that **WHO YOU ARE MAKES A DIFFERENCE!**

A Lunch & A Lottery!

It was a Remembrance Day lunch! It was a lunch that will long be remembered! The food was delicious, the company very interesting and delightful and the ambiance so pleasant and relaxing. While dining over a savory mushroom soup and delectable spinach and raspberry salad at Gini's, a very interesting conversation ensued. Our conversation covered many topics from gratitude to the veterans who have given us our freedom, to our families who make a difference in our lives, to sharing Camp's successes and stories to Christmas plans and much more.

This wonderful company was none other than **Florence Dales** who shared her very interesting philosophy about giving. She said, "I believe in giving today so that I can see my

gifts working, to see the difference they make and the happiness they bring." I totally agreed with her and I responded with, "I have never seen a U-Haul trailer being towed by a hearse! You just can't take it with you." I truly believe that giving is receiving.

At the end of the lunch, this gracious lady handed me an envelope, and said, "I hope this helps." Inside that envelope was a very significant donation of **\$10,000!** I was speechless and emotional as I struggled for words of gratitude. This was just like winning a lottery!

Words are not adequate enough to express my sincerest appreciation for Florence's ongoing support, encouragement and generosity. Thanks for the gift of YOU, Florence!

"You Are The Wind Beneath Our Wings!"

Did you know that Air Canada plays an integral role in helping our many children with disabilities to reach for the stars and soar to new heights? For many years, Air Canada has been a Major Corporate Sponsor for Camp's largest fundraising initiative, the *Shoot For Cause*. Air Canada donates two air-line tickets for any destination that Air Canada flies in North America, Mexico, Hawaii and the Caribbean. One lucky archer who raises in excess of \$3,000 in pledges will have an opportunity to win this trip. This incentive really inspires participants to secure more pledges which equates to additional support for our children with special needs!

There is one amazing woman who is instrumental in making this incredible support happen!

Suzanne Bulhoes, Community Investment Manager is the woman who plays an integral role in securing these two tickets which enhances many lives. Suzanne is very passionate about her job and the difference she makes in children's lives!

**SUZANNE, WHO YOU ARE MAKES A DIFFERENCE
- THANK YOU!**



We Can't Do It Without Them!

They are in pursuit of that “dream” job for four months of the summer. They came from not only every corner of Alberta, but also from every province in Canada. As a note of interest, 67% of our summer staff travelled from eastern Canada and the Maritime provinces in pursuit of the job that changes lives. Arriving with great anticipation, enthusiasm and excitement, they are eager to work with children and adults with special needs. 38 post-secondary students and 2 nurses arrived in May to meet the challenges that loomed ahead.

For some, working with people with disabilities, it is very familiar territory. For others, working with people with special needs, it is really foreign territory. There is no need to worry! Camp He Ho Ha provides the summer staff with a very valuable and comprehensive fourteen-day orientation that provides them with all the skills, tools and knowledge that prepares them to work effectively and efficiently with our campers with special needs.

Staff engage in many personal care sessions which include lifts and transfers, the use of specialized equipment such as the hoist lift, C-tub, commodes, etc., toileting, bathing, feeding, clothing, emergency procedures, introductions to various areas including the pool, archery, climbing wall and ropes course, performing arts, skit nights, campfires, understanding and managing behavior, various program activities, team building, proper completion of paperwork, and much more too numerous to mention. When the first bus arrives, these 40 individuals are fully prepared to meet the demands and challenges of an extraordinary day at Camp He Ho Ha.



Alberta Foundation For The Arts

The Government of Alberta recognizes arts and culture sector as an essential part of the Alberta quality of life.

The Alberta Foundation for the Arts (AFA), a crown agency, sees in Alberta where vibrant arts communities inspire creativity and innovation and is part of the fabric of how we live and work.

Founded in 1991, the AFA exists to fund, encourage, and support the development of arts as a valuable contributor to quality of life in Alberta and to develop the AFA art collection as a strategic resource for all Albertans. The AFA receives an annual allocation from the Alberta Lottery Fund, which it distributes through a variety of programs to artists and art organizations across Alberta.

Camp He Ho Ha is one of the fortunate organizations that has received funding since 2001, and 2014 was no different. The Alberta Foundation of the Arts provided Camp He Ho Ha with a generous grant in the amount of **\$7,155.00** to cover arts and crafts supplies and wages for a resource person to facilitate the program to 723 children and adults with disabilities.

It was the largest grant that Camp has ever received from the Alberta Foundation for the Arts! We are so grateful for the support from the AFA, and very grateful that this grant program has not been cut from the Provincial Government's budget. Camp He Ho Ha relies on this funding from the AFA because it plays a critical role in enabling Camp He Ho Ha to provide the best possible adapted recreational programs to the greatest number of individuals at the lowest possible cost.



“Hi Joan. It’s Serena”

It was great to hear that familiar voice at the end of the phone. It was Serena, and she said, “I’m phoning you to invite you on a date!” She was inviting me to ACT/UCT Red Deer Club’s Christmas party on December 5th. I had another commitment, so unfortunately I was unable to attend. I was extremely disappointed because I love spending time with the members, and I would be missing a visit with Santa Claus, a delicious meal, great camaraderie, fun games and excellent entertainment. It’s always such a great time.

Since I couldn’t go to the Club in Red Deer, a couple of Santa’s helpers came to Edmonton. Over a delicious lunch with Ed Irwin and Serena Olsen, we had a wonderful visit... it is always great to spend time with these two individuals! The dessert was incredible... a wonderful donation of **\$5,000** from the members of the **ACT/UCT #1021 Red Deer Club**.

The ACT/UCT Red Deer Club is a very active group of members who are involved in numerous fundraising initiatives. As a result, this Club is very supportive of their community and provides community donations to the Red Deer Citizen’s Action Van, Special Olympics 5-Pin Bowling, Aspire (Children’s Service Centre, Central Alberta Resident Society (C.A.R.S.), Royal Canadian Legion (Red Deer) and Parkland School. As you can see, these are charities in the Red Deer community; therefore, Camp He Ho Ha is very blessed to be the recipient of this Club’s generosity, encouragement and support.

Although I wasn’t at the Christmas party, I want you to know that I was there in spirit enjoying the festivities. I also want you to know that the generosity from the members is so greatly appreciated, and I thank you for always being there for Camp and children and adults with every type and degree of disability. Please know that **WHO YOU ARE MAKES A DIFFERENCE!**

A Long History Of Giving

Canuck Industrial Sales (1982) Ltd. has a long history of generously giving to Camp He Ho Ha and children and adults with every type and degree of disability. This outpouring of generosity started in 1989 when Gary and Marlene Tonhauser owned and operated the business.

I fondly remember the day that I walked into Canuck Industrial Sale (1982) Ltd. and met Marlene who warmly greeted me and provided me with a wonderful tour of the facility. It was like a breath of fresh air. I was both amazed and impressed with the cleanliness of the entire operation. Everything had its place, and you could literally eat off the floor! The family took great pride in their company and it showed. Canuck Industrial Sales (1982) Ltd. helps you to increase the performance of your cleaning systems with state-of-the-art pumps, pressure washers and equipment. They also install and service the industry-leading products that they sell. Canuck Industrial Sales (1982) Ltd. works with a range of customers from oil field cleaners to mobile pressure washers and even homeowners.

Over lunch at Gini’s, Marlene and I discussed many things, but the one thing that resonated was Marlene’s pride in her children and grandchildren. Although it was the first time that I met her, I was drawn to her like a moth to a flame.

When her husband Gary passed away in 2010, their son, Brian and his wife Melanie assumed the huge responsibility of operating the company. Although the couple who owns the company has changed, one of the things that has not changed is the giving! Camp received a generous donation of **\$3,000.00 from Canuck Industrial Sales (1982) Ltd.** to assist in providing exceptional recreational opportunities to children with special needs. Melanie and Brian, your gift makes lives a little brighter and burdens a little lighter, and I humbly say “**THANK YOU!**”



Is Anybody Out There?

Camp He Ho Ha is a year-round facility with an operating budget of \$2.4 million. Camp demonstrates **one of the highest levels of self-sufficiency** for a non-profit organization in the province. Income sources are derived from camper fees (45% of actual cost), various fund-raising initiatives and revenue generated from our rental program. The proceeds from our rental program covers 90% of the administration costs. Camp is not a member agency of United Way, and approximately 4% of Camp's budget is covered by the Provincial and Federal Governments. Considering there are 24,800 non-profit organizations in Alberta all competing for the same donations, it is very challenging to secure sufficient operational funding, not to mention capital funding for infrastructural costs.

The proposed operational budget for 2015 is 2.4 million dollars. Traditionally 47% of our funding comes from donations. This equates to \$1.1 million dollars that we are seeking every year to maintain the programs and the ability to subsidize the 750 campers (\$540,000) we currently serve.

We are currently struggling to raise these funds to complete this requirement for our 2105 budget. In addition to raising funds to cover these operating expenses, there are some other capital project expenses that need to be completed consisting of the following items:

Sidewalk Replacement \$54,259

Unfortunately due to lack of funding, we were unable to complete the next portion of the sidewalk replacement which is becoming a risk for the majority of campers who attend camp and struggle with mobility issues.

Swimming Pool Deck \$68,000

The pool was opened in 1980, and used extensively for 35 years. It is in desperate need of a new floor. It is becoming a hazard for not only individuals with mobility issues, but also for the general public.

Pool Shower Rooms Flooring \$56,870

After 35 years of extensive use, the flooring in the pool shower rooms must be replaced.

Medical Centre Flooring \$14,571

This flooring has been in the medical center since it was built many years ago. The floor has been repaired numerous times, and now requires a new floor.

12 Commodes \$15,000

Current commodes are 10 years old and are in dire need of being replaced. They are used extensively at camp. It's an item that Camp can't operate without!

To the donors who provide operational funding annually... **"THANK YOU! THANK YOU!"** and we hope that we can count on your ongoing support and generosity.

If anybody out there can assist with any of these projects or items, Camp would be eternally grateful!

CIBC – More Than Just A Bank

The CIBC Children's Foundation is a registered charity that administers funds raised each Miracle Day. On Miracle Day, participating CIBC Wood Gundy Investment Advisors and CIBC's wholesale banking trading staff donate their fees and commissions to children's charities.

Once again, Camp was very fortunate to be the recipient of a generous donation of **\$5,000** in support of our children with special needs who enjoy Camp's adapted recreational opportunities each summer.

If I wouldn't have met **Debra Wooding**, Vice President, Investment Advisor, CIBC Wood Gundy, Chair CIBC Wood Gundy Edmonton Miracle Board many years ago, this donation would only be a dream! Debra became a Board

Director of Camp He Ho Ha, and served on the Board for a few years. Although she resigned from the Board, she remains a strong advocate for Camp He Ho Ha, and plays a very integral role in ensuring that Camp is the recipient of an annual donation from CIBC Children's Foundation.

"DEBRA, THANKS FOR MAKING THIS POSSIBLE!"



THE GOOD LIFE



Camp Health, Hope and Happiness (Camp He Ho Ha)

Box 182, Seba Beach, Alberta T0E 2B0 Phone: (780) 429-3277 Fax: (780) 797-3812
E-Mail: info@camphehoha.com Website: www.camphehoha.com

Registered Charitable Number: 11882 7229 RR0001
Newsletter designed and printed by Priority Printing Ltd.

Return undeliverable Canadian addresses to:
Camp Health, Hope and Happiness
PO Box 182
Seba Beach, Alberta T0E 2B0

