

A photograph of two young men in a red canoe on a grassy area. The man in the back is wearing a grey t-shirt and has his arms outstretched, shouting with his mouth wide open. The man in the front is wearing a yellow life vest and is smiling broadly. In the background, another person in a red jacket is visible in a separate canoe.

FROM DREAM  
TO REALITY

# IMPACT BY THE NUMBERS

732  
campers

32  
summer staff

50%  
camper subsidy

100's  
of dreams  
becoming  
reality



“ Camp will always be number 1 in my heart. I will keep coming back year after year even if the price increases because it's a place where you can have fun and enjoy life and not get stressed or worry about anything. You're there just to enjoy your self and have fun. ”

**-Alex Caovilla (Camper)**

“ When you come to camp you forget that you have a disability, it's my happy place. I've learnt so much from being at camp and learning new things. I get inspired to try new things especially when it comes to the hard side of the climbing wall. When I'm not at camp, my memories inspire me to try new activities. ”



**-Aliyah N Lalani (Camper)**



“ New counsellors are in for a treat! Best summer job they will ever have. Every summer I wish I could just quit my job and return to that fabulous place! I will always cherish the memories and friendships that I made in my two summers at He Ho Ha! ”

**-Carolyn Matthews (Former Counsellor)**

# A WONDERFUL YEAR WAS IN THE CARDS

We soaked up every ounce of sunshine that came our way in this 59th year of summer camp at Camp He Ho Ha. We became good at moving some of our outdoor programs inside without losing any of the joy that comes from being at our beautiful facility. It seemed that the weather made an effort to stretch this skill, although it didn't hold us back from having a wonderful time. For every drop of rain that fell on our programs in 2019, we had a dozen moments of joy that kept us smiling and full of love all summer long.

The barge still sailed, the campers still soared down the zip-line and many, many hours were spent in the courtyard or at the campfire laughing and having fun. The rain gave us many blessings; on each rainy morning or afternoon when outdoor programs could not run for the cabin scheduled, we instead baked, made photo albums, shared stories, made music videos, raided the costume room or played cards.

I was lucky enough to be allowed to play at the "men's poker table" to develop my very poor skills while assisting Robert to hold his cards and play along with his buddies. This activity has become almost a tradition during our camp for adults with physical disabilities where John, Regan, and Robert get together after lunch to play while other campers rest or take time for some extra personal care. This is the only time that the three of them get together as they each live in different parts of Edmonton and use electric wheelchairs that can place limits on their freedom for transportation.



*Kelly French and Christian (camper) in the courtyard*



*Robert (camper) roaring with mischievous laughter*

Robert is a non-verbal gentleman of 45 and he is filled with a mischievousness that rivals Peter Pan. I probably didn't choose wisely when I teamed up with him to conquer the game in front of us. At my every turn he would point to my cards as if to suggest that my hand was really coming together and then when the cards all hit the table he would tip his head back in intense laughter with a sparkle in his eye and roll his chair around in circles at the end of the table. I certainly didn't learn much about poker but it has become my favourite card game memory and I hope that they let me play again next year!

This is just one small group of people that shared a moment that all four of us will cherish. Although it may seem small; there are millions of these moments created at Camp where the staff and campers make the most out of every opportunity. There is no such thing as 'impossible' and no such thing as 'dull' (even without sunshine) at Camp He Ho Ha.

**-Kelly Frech, Summer Camp Coordinator**

# PAVING PROJECT LEADS TO SAFER ROADWAYS AND WALKWAYS

Over the past two decades, the roads and sidewalks at Camp had deteriorated. They developed cracks, heaving, potholes, and crumbling surfaces; becoming increasingly unsafe for individuals with balance problems or that use mobility devices. In August and September 2019 two hard-working teams from KaeWest Concrete Inc. and O’Hanolan Paving removed cracked and shifting walkways, framed and poured new concrete ones, & resurfaced damaged and uneven roadway - reducing the risk of trips, falls, and impediments to individuals and keeping Camp He Ho Ha a barrier-free facility.



A huge Camp He Ho Ha THANK YOU to those donors who made this project possible: REALTORS Community Foundation Edmonton and Area, the Chwelos DeBelser Family Foundation, and the Government of Alberta through the Community Facility Enhancement Program (CFEP) Grants!

## YOU CAN JOIN THE CAUSE

The incredible work done at camp is something magical! To keep the magic alive for the hundreds of Albertan children, adults, and families that rely on Camp He Ho Haeach summer please consider getting involved and joining the cause to transform dreams into reality. your support can make the difference for hundreds of campers with special needs, now and for many years to come.



Sponsor a Camp He Ho Ha fundraising event and get exposure to our network.



Become a member and get the latest news on Camp through our quarterly newsletter.



Register as a participant in one of our fundraising events and collect donations from your network.



Donate to Camp. You can give a one-time gift or a monthly donation to make a difference in the lives of our campers.



Book your next meeting, gathering, or retreat at Camp He Ho Ha and experience our amazing service.



Follow and chat with us on all our social media. Find @camphehoha on Facebook, Instagram & Twitter.

# EVENT SNAPSHOT

## Yoga & Wellness Retreat Fundraiser



A thoughtful group of yogis were at Camp in April for a weekend of rest, relaxation, & yoga for the first Yoga and Wellness retreat. Participants enjoyed healthy meals,

wellness & yoga sessions, and time with some of our campers to see the power of their pledges. Learn more: [yoga.camphehoha.com](http://yoga.camphehoha.com)

## Shoot for Cause Archery Fundraiser



On a snowy May weekend, over 50 new and returning Archers came to Camp for an event packed full of 3D archery. We are proud of our sponsors, donors,

and participants who raised over \$95,000 for Albertans with disabilities to attend camp! Learn more: [shootforcause.camphehoha.com](http://shootforcause.camphehoha.com)

## Swing FORE Camp Golf Tournament



Over 100 golfers joined us at Pineridge Golf Resort for a sold-out day of fun, golf, food, prizes, & making a difference. Together with our sponsors, participants, and

donors, raised an incredible \$60,000 for individuals with special needs to come to camp! Learn more: [swingforecamp.camphehoha.com](http://swingforecamp.camphehoha.com)

# A YEAR OF SUCCESS

2019 proved successful in serving the overall Camp He Ho Ha mission to provide adapted outdoor recreational opportunities to children and adults with physical and mental disabilities. This year we celebrate 59 years of accomplishments!

Camp experienced many achievements in 2019.

- Camp maintained a very strong financial position.
- Summer programs were extremely successful with 732 campers experiencing the magic of Camp.
- 32 post-secondary students were provided with meaningful employment that in many cases will define who they are as future community leaders.
- The "Protecting a Legacy of Investment in Accessibility" project continued and Camp's roadways were resurfaced, and the remainder of Camp's sidewalks and trail system was replaced (critical for campers to traverse safely from program to program).

Swing for Camp, Camp's annual Golf Tournament was a huge success with the participation of many golfers, sponsors, volunteers, and a couple of our campers. Camp launched its first Yoga & Wellness Retreat which was embraced by yoga enthusiasts and our campers. Despite Alberta's economy, Camp's 24th "Shoot For Cause" Archery Tournament was a resounding success, thanks to our dedicated archers, volunteers, and sponsors.

None of this would be possible without the commitment and generosity of many people. From our dedicated Board of Directors who have set the vision and guided the organization through its successes, challenges, and changes...to our enthusiastic volunteers for generously giving of their time...to our Executive Director, Greg Nielsen for his unwavering passion and dedication...to our staff for their efforts and commitment...to our excited campers for their amazing inspiration and determination. Above all, we thank our donors. Without your friendship, encouragement, support and generosity, we would not accomplish what we have in the past and will continue to accomplish in the future.

**Ivor McBeath**

**Board President**

**Camp Health, Hope & Happiness**

# THANK YOU FOR MAKING THIS LEGACY POSSIBLE

This past year found our organization on the cusp of six decades of leading Alberta with barrier-free summer recreational programs for individuals with special needs. We hope that you – our volunteers, donor partners, campers, caregivers, and past staff members feel the same pride and sense of accomplishment that our camp staff feel during this time of reflection. It's an exciting time to be part of the Camp He Ho Ha community!

Thank you for making this legacy of positively changing lives possible.

Our ongoing goal has been to keep our overhead low while providing high-quality recreational respite care for the campers, family members and caregivers that we faithfully serve. The 2019 summer season had us enjoying the company of over 700 children, young adults, adults and seniors with disabilities for 6-day sessions. Our programs continued to be oversubscribed as we strived to meet the ever-growing demand from the community. We look forward to celebrating 60 years of operations with each of our campers attending during the upcoming summer season!

One of the integral parts of our revenue stream is our facility rental program. We are proud to have served so many unique groups this past year and we are grateful you continue to choose Camp Health, Hope & Happiness on Lake Isle as your retreat destination of choice. These community partnerships make our summer programs possible. We are grateful for this group of Albertans for supporting our camp community.

The past year certainly presented some financial challenges with a struggling oil and gas sector in the province. We continued to streamline our operations while exploring and creating new ways to address the needs of our aging facility infrastructure as well as transportation needs. We are proud that together we have been able to not only maintain but improve such expansive infrastructure during challenging economic times.

The past years' successes have never been more closely tied to the hard work and dedication of its core staff team, the board of directors, part-time staff, the 2019 summer staff team, and our amazing group of community funding partners. We thank each of you for making this dream possible. Going forward, we are committed to continuing to focus on breaking down barriers for Albertans with special needs while affording them respite from their daily routines. And of course, the legacy of providing post-secondary students from across Canada the summer experience of a lifetime with continued passion and excitement.

We thank each of our community partners for their support of our efforts and we look forward to the opportunities that present themselves in 2020.

We are grateful to you!

**Greg Nielsen**  
**Executive Director**  
**Camp Health, Hope**  
**& Happiness**



# FACILITY RENTAL PROGRAM PROVIDES ACCESSIBLE SERVICES TO THE PUBLIC

As we reflect on 2019 and the Camp He Ho Ha rental program, we fondly remember another successful year with many memorable group visits. In a time of economic uncertainty and increased facility costs, the rental program held strong and our guests came and left without feeling any of the pressures of regular life.

Camp continued to welcome a wide variety of groups accessing all areas of the facility for retreats, church gatherings, seminars, scrapbooking & quilting retreats and much, much more. With over 1,800 individuals in attendance, the rental program generated over \$454,000, substantially contributing to Camp He Ho Ha's annual revenue.



*Camp He Ho Ha Facility NE Waterfront View*

We opened our doors to many of our old friends and welcomed the opportunity to make new friends; who learned of us through word of mouth – a wonderful resource as previous guests are more than happy to tell friends and business associates about the facility and their experience.

All of the Staff at Camp work diligently to provide a friendly, inviting, and productive environment for our guests. Customer satisfaction ensures our standard of service is upheld --- reviews are welcomed and suggestions regarding the facility, staff and service are taken seriously. Rental groups complete a survey that allows both participants and organizers the opportunity for anonymous feedback, which in turn, assists Camp in ensuring a continued level of excellence we can all be very proud of.



“ I am recovering today after another wonderful quilting retreat at Camp He Ho Ha this past weekend with the Barrhead Country Quilters. I've been attending this retreat for about 15 years. It is always an amazing weekend I look forward to every year. The facility and staff are wonderful and we are treated so well. Always enjoy the food!! Thank you for such a wonderful experience every time! ”

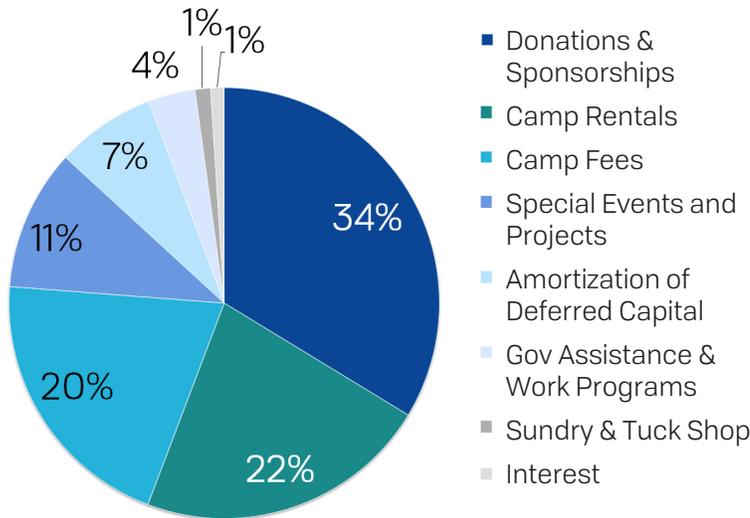
**-Barrhead Country Quilters Member**

*Please consider Camp He Ho Ha when you book your next meeting, retreat, or getaway. Booking at Camp supports adaptive recreational summer camp programs for kids and adults with disabilities.*

Contact Bobbi Olsen, Rentals Coordinator  
780-729-3277 ext.234 [bobbi@camphehoha.com](mailto:bobbi@camphehoha.com)

# FINANCIALS

## 2019 REVENUES



## Revenue

**\$2,334,537**

## Expenses

**\$2,235,508**

## Grants

**\$118,664**

Capital Grants

**\$82,162**

Operating Grants

## Funds Raised

**\$477,418**

Camp Fees

**\$515,532**

Facility Rentals

**\$786,587**

Donations & Sponsorship

**\$247,112**

Fundraising Events & Special Projects

**\$23,750**

Interest

## Number of Gifts

**1,534**

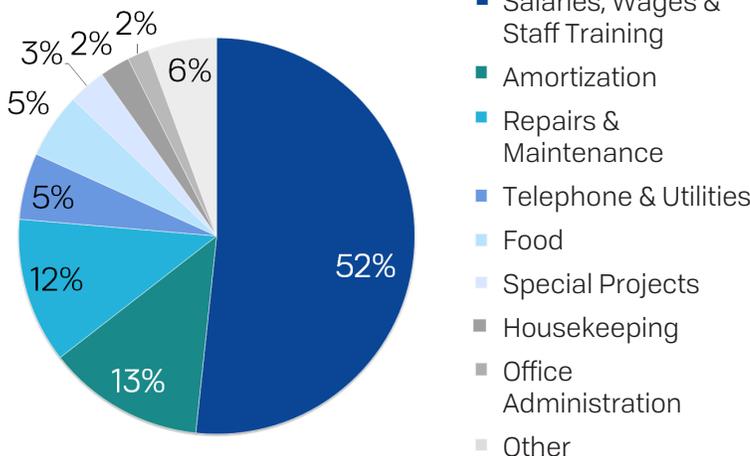
Individual

**387**

Corporate

*For more information or to view full financials please contact Camp Health Hope & Happiness at 780-429-3277.*

## 2019 EXPENDITURES



Camp's primary cash revenues (sources) come from five areas: Donations (Cash and Capital), Grants, Camper Fees, Rentals and Special Events. Total Cash received from these sources was at \$2.31M during the past year as compared to a \$2.29M in the prior year. Decreases were seen in Camper fees and Rentals 5% (\$48K), Special Events and Projects 20% (\$62K). Increases were seen in the Amortization of deferred capital contributions and Government assistance 2% (\$5K), Donations/Sponsorships 19% (\$125K), and Interest 140% (\$14K).

Cash disbursements during the past year were at \$2.23M as compared to \$1.98M during the prior year an increase of 12% (\$245K). Incremental increases were seen across the board with major increases in Repairs and Maintenance, 308% (\$179K).

# LEADERSHIP

Thank you to all our volunteers for supporting Camp's mission. We also wish to thank all our staff and members who do so much. We recognize that it takes a full team pulling together to make the difference we do for individuals with disabilities.

## Board of Directors

Ivor MacBeath, President  
Greg Reynolds, Vice President  
Mark Dashkewytch, Treasurer  
Lavern Bazin, Director  
Vicki Brown, Director  
Holly DeBelser, Director  
Terry Hanlon, Director  
Christine Palmer, Director

## Administrative Team

Greg Nielsen, Executive Director  
Kelly French, Camp Coordinator  
Adam Fisher, Kitchen Manager  
Chris Sutherland, Maintenance Manager  
Bobbi Olsen, Rentals Coordinator  
Jill Buehler, Fund Development Officer  
Andy Wetsteyn, Maintenance  
Joan Nielsen, Donor Relations

You can learn more about various opportunities including membership, volunteering, employment, and current events at Camp Health, Hope & Happiness on our website.



## WHAT'S NEXT AT CAMP

As we move into the future we are planning amazing new things for Camp Health, Hope & Happiness to make the 'He Ho Ha' experience even better for our campers and guests. Here are just a few things we have planned:

### Infrastructure

#### Upgrades

Expansion and upgrades to existing water, septic, and power to prepare for new buildings

### Apartment

#### Complex

Replace Chapel building with a multipurpose building that includes apartment-style rooms, Estimated at \$10,000,000

### Staff Housing

#### Complex

Additional on-site staff accommodations

## WHO PAYS FOR CAMP?

Although camper's pay \$650/camp to attend a week-long summer program, that cost reflects only part of the costs of camp. Camp subsidizes the cost of camp by each camper by **OVER 50%**. Many of our campers are from single-income families or individuals with fixed incomes. Without this subsidy, they would be unable to attend camp and experience a week of fun, acceptance, and adventure.

The costs of operating Summer camp programs from May-August are massive. Without the support of our incredible donor community, we would not be able to offer these essential programs.

Donate today to ensure this subsidy continues!

# THANK YOU

Our donors support summer camp programming, facilities, and operations, which expand opportunities for campers. Thank you to the donors who have joined us in making a difference in the lives of Albertans with disabilities. We would like to extend our sincere gratitude to everyone who contributed. We have many more donors than this space will allow, therefore only donors who gave \$1,000 or more between January 1, 2019, and December 1, 2019 are being recognized here.

## Individuals

Anonymous (3)  
Janet Assinger  
Roger & Jaenie Ayotte  
Greg & Dalene Baron  
Chris Bauman  
Crystal Kids  
Chantal Blanchette & Rene Blais  
Cory Boddy  
George Boelcke  
William Brese  
James Brown  
Leanne Chartrand  
Cecily Janet Clark  
Florence Dales  
Tim Downey  
Michelle Eaton  
Bill & Trish Elliot  
Dale & Brenda Evjen  
Beverley Fausak  
Bodil Hall  
Terry & Linda Hanlon  
Nicole Isaac  
Lyle Kallis  
Debby Kehler  
Hazel Krannenburg  
Rob Kuchta  
Rita Kwiatkowski  
Trevor & Jodi Lee  
Eugenia Lipinski  
Kim Lundquist  
George & Dawn Matheson  
Norman & Betty Mayer  
Hugh & Madge McColl Camp Fund  
Hermann & Evelyn Neudeck  
Joan & Victor Nielsen  
Armand & Pearl Nielsen  
Greg Nielsen  
Ramona Olsson  
Christine Palmer  
Gunnar & Hilde Pedersen  
Peter Petersen  
Bruce & Corinne Picton  
Tina Pollock  
Thor Quaranta  
Barbara Robinson  
Rumbold Foundation  
Troy & Lori Sartison

George Smith  
Russ Smutt  
Jason Sopka  
Chris Sutherland  
Nellie Watson  
Bev Wittmack  
In Memory of Calvin Wittmack  
Ralph & Gay Young

## Organizations

A and K Tax Tyme Ltd  
A Clark Roofing & Siding LP  
ACT / UCT #1016 Edmonton Club  
ACT / UCT #1017 Edmonton South Club  
ACT / UCT #1021 Red Deer Club  
ACT Edmonettes  
ACT St Albert Council #1024  
AIM Real Estate Corporation  
Alberta Beach & District Lions Club  
Alberta Heartland Chorus Society  
Alberta Royal Purple Lodges  
Association  
Alberta Safety Council  
Allard Foundation Ltd  
Allin Clinic Social Committee  
ATCO - Pipelines & Liquids  
ATCO Gas (EPIC)  
Automated Aquatics Canada Ltd  
Avalanche Acid Hauling Ltd  
Bean Family Foundation  
Benevity Causes  
Big Timber Archery & Hunting Ltd  
Blackfalds United Church  
Bonnyville Lakeland 2000 Lions Club  
BPO Elks Lodge #11 Edmonton  
BPO Elks Lodge #216 Acme  
BPO Elks Lodge #470 Lac La Biche  
Bruderheim Lions Club 1999  
Cam Clark Ford Sales (2012) Ltd  
Camp Health, Hope & Happiness  
Society Fund  
Camrose Swans & Roses Lions Club  
Canada Summer Jobs - Government of  
Canada  
Canlin Resources Partnership  
Central Agencies Inc  
Chwelos DeBelser Family Foundation  
CIBC Children's Foundation

Community Facility Enhancement  
Program  
Community Initiatives Program  
Crystal Glass Canada Ltd  
Cybertech Automation  
Darrel & Edith Martin Family Fund  
Debby Kehler Quilting  
Drayton Valley Lions Club  
Edmonton Area Council One Society  
Edmonton Jolly Fellows Lions Club  
Edmonton Millwoods Lions Club  
Edmonton Oilers Community  
Foundation  
Edmonton Strathcona Lions Club  
EIE MediSpa & Laser Centre  
EQUUS Rea Ltd  
Everest  
Faulkner Family Fund  
Fidelity Investments Canada ULC  
Fix It Right Plumbing and Heating  
Frank J Flaman Foundation  
Garnet Instruments Ltd  
Grand Centre Lions Club  
Holy Family Columbus Club  
Inter Pipeline  
International Cooling Tower Inc  
Jasper Lions Club  
Kinette Club of St Albert  
Kiwanis Club of Edmonton - Downtown  
Kiwanis Club of Edmonton Oil Capital  
Kiwanis Club of South Edmonton  
Leduc Lions Club  
Lions Club of Edmonton Foundation  
Mark A Dashkewytch Professional  
Corporation  
Martin Deerline  
Morinville Lions Club  
Oyen Lions Club  
Parkland County  
Pembina Pipeline Corporation  
REALTORS® Community Foundation  
Rimbey Lions Club  
Rotary Club of Stony Plain  
Royal Alexandra Hospital - Employees  
Charity  
Royal Canadian Legion #253 Grimshaw  
Royal Canadian Legion #39 Ladies Aux  
Vegreville  
Royal Purple #125 Vegreville

Royal Purple #22 Edmonton  
 Royal Purple Elks Lodge #106 Hythe  
 Royal Purple Elks Lodge #196 Drayton Valley  
 Samies I.O.O.B.  
 Sherwood Park Breakfast Lions Club  
 South Edmonton Lions Club  
 Spruce Grove Lions Club  
 St Albert Breakfast Lions Club  
 St Albert Host Lions Club  
 STEP - Government of Alberta

Stony Plain Lions Club  
 Suncor Energy  
 Suncor Energy Foundation  
 Suncor Pipelines Golf Committee  
 Sylvan Lake & District Lions Club  
 Tanks Direct (Sissons Enterprises Corp)  
 Technichrome Industries Ltd.  
 The Allan & Sally Sawin Foundation  
 The Jordan Family Foundation  
 The Masonic Foundation of Alberta  
 The Stollery Charitable Foundation

The Thrift Shop St Andrews United Church  
 Unifor Local 508A  
 Union 52 Benevolent Society  
 Van De Walle Real Estate Group Ltd  
 Vancouver Foundation-Keith Lord Sport Foundation  
 Veteran & District Lions Club  
 Wabamun & District Lions Club  
 WFG Charitable Trust  
 Wild Sheep Foundation Alberta

## EVENT SPONSORS

Our 2019 fundraising events included the 1st Yoga and Wellness Retreat, 24th Annual Shoot for Cause Archery Competition, and the 2nd Annual Swing FORE Camp Charity Golf Tournament. Together these events raised over \$160,000 for individuals with special needs to attend our summer camp programs. Thank you to all our participants, sponsors, and volunteers! We would like to take this space to recognize our fundraising event sponsors who made a cash sponsorship in 2019:

AIM Real Estate Corporation  
 Air Canada Foundation  
 Alberta Safety Council  
 Aljo-An Vacuum Service (1995)  
 Avalanche Acid Hauling Ltd.  
 Crystal Glass Canada Ltd.  
 Cybertech Automation  
 CycleWorks  
 Derby's Lakeview General Store  
 EIE MediSpa & Laser Centre  
 Elite Sportswear & Awards Ltd.  
 Empire Drywall Ltd.  
 End Of The Roll  
 Fix It Right Plumbing and Heating

Foster Park Brokers  
 Frank J Flaman Foundation  
 Hanlon, Terry & Linda  
 HO LLP  
 Kaewest Concrete Inc.  
 Mark A Dashkewytch Professional Corporation (2)  
 McRae Douglas Real Estate  
 O'Hanlon Paving Ltd.  
 Scorpion Aggregate  
 Stetson GM Drayton Valley  
 TRY-KAM Developments Ltd.  
 Van De Walle Real Estate Group Ltd.



*“ The first time I came to Camp, there was an overwhelming feeling of “goodness” that I don’t know if I’ve experienced before. In my heart I could feel this was a very special place. The programs and the people at Camp He Ho Ha make the world a better place for so many campers. By helping as many people as I can experience Camp, I hope I am helping the world be a bit better too. ”*

**-Jason Chartrand (Donor)**



## SHOUT OUT TO CAF

Children’s Ability Fund, a longtime partner of Camp, made an incredible \$250,000 gift to camp this year. The funds will be used to support the Children & Teens with physical disabilities camp over a 10 year period.

Thank you Children’s Ability Fund for your generous support!



# OUR MISSION



Through the combined efforts of staff,  
the board of directors, and donors...



...Camp He Ho Ha advances the cause of  
independence and integration...



...for children and adults living with  
physical and mental disabilities...



...by providing adapted recreational programs  
designed to meet their special needs & interests.

## PLEASE CONTACT US AT:

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Box 182, Seba Beach, AB T0E 2B0  
53537 Range Road 52, Parkland County, AB

750-429-3277  
780-797-3812 (fax)  
camphehoha.com

Charitable Registration:  
11882 7229 RR0001



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@camphehoha



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