



# SUMMER CAMP



## INFORMATION GUIDE

### QUESTIONS?

Contact **Daelynn**, our  
Summer Camp Coordinator.

Our office hours are:  
8:00 am - 4:30 pm

[daelynn@camphehoha.com](mailto:daelynn@camphehoha.com)

(780) 429 - 3277 ext: 240

53537 Range Road 55  
Seba Beach, Alberta

[WWW.CAMPHEHOHA.COM](http://WWW.CAMPHEHOHA.COM)

[@CAMPHEHOHA](https://www.instagram.com/CAMPHEHOHA)

# EVERYTHING YOU NEED TO KNOW BEFORE **CAMP**



## PAYMENT

- Payment can be made by VISA, Mastercard, Debit VISA, or prepaid credit card by logging into your [Campsite](#) account.
- If a public trustee handles the camper finances, please ensure they have submitted confirmation of the deposit funds by email to **bobbi@camphehoha.com**, to ensure that the funds are appropriately allocated to the camper's account.
- Camp fees must be paid at least **4 weeks prior** to the first day of the registered camp. Our system will automatically withdraw the remaining balance from the credit card on file, if we do not receive the balance by this due date
- Personal Cheque or money orders will **NOT** be accepted
- E-transfers can be made to [bobbi@camphehoha.com](mailto:bobbi@camphehoha.com) if a credit card is not available. You must include the campers name & charges your paying for. (Ex. John Smith, Camper Fee \$700, Tuck \$50, Transportation \$50)

## REFUND / CANCELLATION POLICY

- Refunds will be issued to individuals for any reason **30 days prior** to the first day of their scheduled camp. If the cancellation occurs within 30 days before the first day of the scheduled camp, the registrant is responsible for the camper fee in full, unless due to medical reasons
- Refunds will be issued to individuals who must cancel due to illness when a medical note is provided from the doctor. A medical note **must** be received within 2 weeks of cancellation.
- If an aide has been registered to accompany the camper, the above refund/cancellation policy also applies.

# EVERYTHING YOU NEED TO KNOW: **MEDICAL**

## MEDICAL FORM

- **Although not required during enrolment, please submit the 2025 CAMP HE HO HA Medical Form and MAR ASAP following registration.**
- Camp He Ho Ha requires a pharmacy MAR (Medication Administration Record) for any & all medications. Please also include medicated lotions on this list.
- Please scan & load your completed medical and MAR form into your [Campsite](#) account under "2025 Physician Signed Medical
- All campers & accompanying children MUST submit a CAMP HE HO HA Medical Form, dated within the current year, to attend camp programs at CAMP HE HO HA. An attending aide does not need to submit a medical form.
- **If a Medical Form is not submitted by the deadline, the Camper Registration will be cancelled without a refund.**
- REMINDER: The 2024 Camp He Ho Ha medical form must be completed, signed & dated by a physician no earlier than January 1, 2025



The Medical Form and MAR are due 4 weeks prior to the first day of the registered camp.



# NEED TO KNOW: TRANSPORTATION

## BUS TRANSPORTATION

- **The bus transportation fee is now \$25 per direction of travel.**
- If bussing is required, payment and confirmation of transportation must be added to the campers profile **no less than 3 weeks** before the start of camp.
- Any cancellation of transportation is non-refundable within 3 weeks of their scheduled camp start date.
- Transportation is from the **TELUS World of Science Centre** (11211 142 st.).
- **Please use only the 111 Ave entrance & the south end of the parking lot. TELUS World of Science Centre donates this area of the parking lot to us for use and we do not want to impede on their business.**
- A map of the allowed parking spaces will be sent to all persons requiring transportation.

★ If the registration for bussing has not been completed at least 21 days prior to the first day of the registered camp, the camper will be denied transportation from TELUS World of Science. ★

★ **We will not accept payment at the time of bus check-in.** ★

# FIRST DAY OF CAMP

## BUS TRANSPORTATION

- Please be at the **TELUS World of Science Centre** on the **first day of camp at 8:30 am.**
- The bus will **LEAVE** at 9:00 am.
- Any campers who miss the bus will have to arrange for alternate means of transportation.

## PRIVATE TRANSPORTATION

- If campers are arriving at camp by their own arranged private transportation, please plan on arriving at Camp He Ho Ha **between 10:30 - 11:00 am.**

# LAST DAY OF CAMP

## BUS TRANSPORTATION

- The bus will return campers on the last day of camp to the TELUS World of Science between **11:00 - 11:30 am** for all camps.

## DATS

- For campers travelling by DATS, we recommend pick-up be scheduled for **11:45 am or later**, in the event that the bus experiences some delays.
- Camp He Ho Ha is no longer responsible for the camper upon arrival to the bus drop-off location. If the camper requires assistance to meet DATS, please ensure someone is at the bus station to assist them.

## PRIVATE TRANSPORTATION

- Please plan for departure at **10:00 am** for all camps

**There is a \$150.00 FEE for any camper pick-up  
that is more than 30 minutes late.  
ie: 10:30 am at Camp or 12:00 pm at TELUS**





# AIRPORT PICK-UP

- For campers travelling by plane, please notify Camp so arrangements can be made for pick-up **no less than 21 days before arrival**.
- **Contact Daelynn:**
  - **Phone: (780) 429 - 3277 ext: 240**
  - **Email: [daelynn@camphehoha.com](mailto:daelynn@camphehoha.com)**
- We will require a copy of the flight itinerary a **minimum of 5 days in advance**.
- When booking the flight:
  - It must arrive at the airport **after 10:00 am** on the first day of camp, or anytime the day after.
  - It must depart from the airport **before 12:00 pm** on the last day of camp, or anytime the day before.



# NEED TO KNOW: PREPARING FOR CAMP



The following items need to be presented at check-in:

- MEDICATIONS
- CAMPER PROFILE
- TUCK MONEY



Please ensure that they are each labelled  
with the camper's full name.



## MUST-HAVE ITEMS

### MEDICATIONS/MEDICAL SUPPLIES:

- It is necessary that each camper arrive at camp with ALL required prescriptions, medication/apparatus & or appliances. Please check with your physician that all prescriptions are renewed, filled & sufficient to last the total time at Camp.
- **All medications must be pre-packaged in dosettes or bubble packs from the pharmacist.**
- Do not send prescriptions in bottles or small envelopes. This allows the nursing staff to administer medications with minimal complications and less risk of error.

### CAMPER PROFILE

- This form is to be completed the day before the camper arrives at camp.
- Please describe in detail the best method of personal care for this camper & explain how much the camper can do on their own. This form is used to catch any changes that happen between when the medical form was completed & when the camper arrives on site.

### TUCK MONEY

- We recommend approximately \$50 for the week. This allows the camper to purchase 1-2 souvenirs as well as have a few dollars each day for snacks. The cost of a T-shirt is \$20.

# MEDICATIONS & EQUIPMENT

- **Allergies:** If the camper is anaphylactic, they must bring an Epi-pen, or whatever else is necessary. Check with physician.
- **CPAP Machines:** Campers requiring CPAP machines must bring their own machine & distilled water for it.
- **Diabetes:** Campers with diabetes must bring insulin, syringes, needles & glucometer/testing strips. Please ensure instructions are clear on the application form & camper profile.
- **Personal Drugs:** Camp He Ho Ha is NOT responsible for supplying or paying for prescription drugs required by campers.
- **Ileostomy Bags & Catheters:** Campers must come with adequate supplies for the camp period (ex. cement, solvent etc.).
- **Incontinence:** Campers need to bring sufficient number of attends/liners for their stay. Please detail typical daily use. We encourage hydration, so we recommend sending extra.

# SPECIAL DIETS

- At camp we do our best to accommodate all of our campers/aides special diets.
- It is necessary that camp is aware of any special diets of campers/aides prior to their arrival so we are able to meet their needs.
- Please indicate all dietary concerns & requirements within the registration, medical form & camper profile,
- **If there is a dietary change between registration completion & attendance at Camp, please let us know as soon as possible.**



**Due to severe peanut allergies, we ask that you do not bring any products of foods that contain peanuts, but oils, or traces of nuts**





# EVERYTHING YOU NEED TO KNOW: **PACKING**

★ Please label all camper luggage with  
masking tape in the follow format:  
**FIRST NAME LAST NAME (1 OF 2, 2 OF 2, ETC.)** ★

## PACKING

### CLOTHING LIST

- Please fill out the Camp He Ho Ha clothing list completely & place it in the camper's luggage for drop off at the bus or camp. Camp staff will ask that the clothing list remains in the luggage until arrival in the assigned cabin.

### LAUNDRY

- Laundry services are not provided to campers. Please ensure that campers come with adequate clothing for the duration of their stay. Adequate, basic clothing is essential, as activity level is high and clothes are changed daily due to maintain proper hygiene. If you have questions about this, please call the summer camp coordinator.

### ELECTRONICS

- If avoidable, please do not send electronics to camp. We discourage the use of electronics unless they are required by a camper as a means of communication with staff or other campers.
- Camp He Ho Ha is not responsible for any long distance calls & prefers that campers not use phones.
- If you would like to be in contact with your camper during their stay, please discuss this with the Summer Camp Coordinator.



**CAMP IS NOT RESPONSIBLE FOR LOST ITEMS**



# NEED TO KNOW: DURING THE STAY

## VISITING

- We do not allow visitations during camps, unless of an emergency, as visitations can be very disruptive to the camper and cabin.
- This ensures that the camper has every opportunity to make the most of their experience at Camp.
- If an emergency arises, please contact the Summer Camp Coordinator.

## FSCD

- A camp letter verifying a child's attendance to Camp He Ho Ha will be provided for all children (18 yrs & under) whose registration indicates the intention to apply for social assistance with Family Support for Children with Disabilities (FSCD). Please ensure the registration form indicates this correctly so that you receive a letter at the end of their camp stay.

## CAMPER SCREENING



**Camp He Ho Ha retains the right to send a camper home due to contagious illness (ie: flu, cold, chicken pox etc.)**



# WE CAN'T WAIT TO SEE YOU!



## COUNTING DOWN THE DAYS

**We are looking forward to offering you an amazing camp experience at  
Camp Health, Hope & Happiness!**

If you have any further questions, please contact our Summer Camp Coordinator.  
Our office hours are 8:00 am - 4:30 pm.

**Daelynn is our Summer Camp Coordinator**



**DAELYNN@CAMPHEHOHA.COM**



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